

The Courier

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The Courier, College of DuPage

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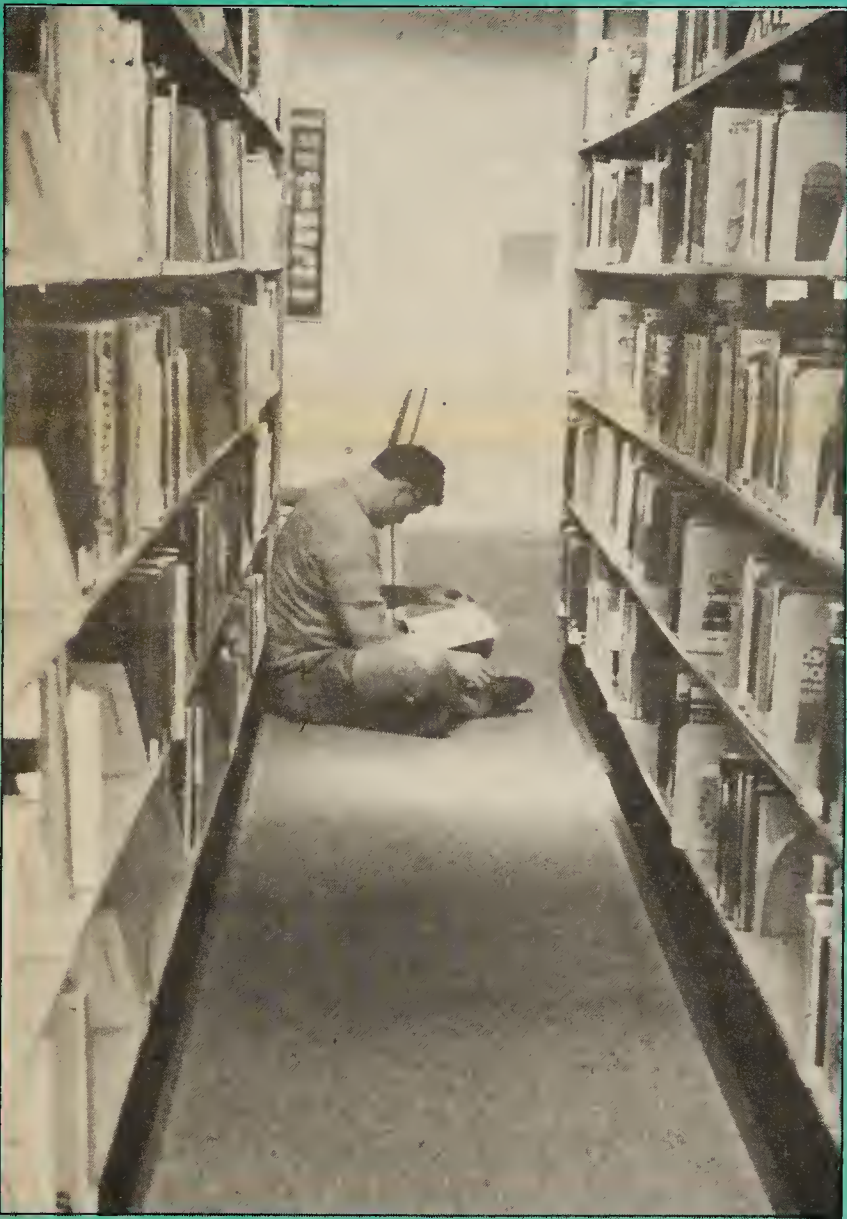
Courier

Friday, June 7, 1991

College of DuPage

Volume 24, No. 27

Study, study, study



As the quarter winds down to the final week, students hustle to get their projects completed on time and to prepare for finals. The *Courier* captured these students hard at work, oblivious to the world around them, as they get ready for the end of the term. The stacks in the LRC (left) provide a quiet area for reading. An outside picnic table provides a congenial spot for these two (above), while the LRC's natural science area attracts another student (right).



photos by E. Altman Terry

Oh, what a year it's been at CD

by Barbara Lopez-Lucio

The 1990-91 academic year has been an exciting one for CD, as events from around the world and close to home touched the lives of students here.

On the international scene, the war in the Persian Gulf grabbed the attention of the world; nationally, the visit by President George Bush to CD's campus and the crash of one of his escort helicopters put CD in the news across the nation.

Statewide, other community colleges are waiting to see which way CD goes on membership in the Illinois Student Association, while locally, CD struggled to keep pace with ever-increasing numbers of students.

Here's a brief run-down of some of the issues, people and events of the past academic year, as culled from the pages of the *Courier*:

Student Government

•SGA expanded elections to include off-campus polling locations in the fall, and by the spring election were able to boast a record voter turnout, fueled by referenda questions on ISA membership, smoking on campus and a change in the quarter system.

In the non-binding referenda, students voted in favor of a campus-wide ban on smoking, in favor of retaining the current quarter system, and in favor of joining ISA.

CD's board of trustees is expected to decide on the ISA issue at its next regular meeting on June 12.

•The student senate, in a closed meeting, voted no-confidence in SGA President Mike Stajduhar in January when he was out of town at a United States Student Association conference. Reasons given by various senators for the vote revolved around their feelings that Stajduhar just wasn't doing a satisfactory job.

Upon his return, Stajduhar defended his performance and said he believed some senators were confused as to what the role of student body president should be.

Stajduhar was later instrumental in the

spring election campaign effort at passing the ISA referendum, during which voter turnout reached an all-time high.

Last week, Stajduhar, citing job burn-out, resigned as student body president.

•The position of student trustee, vacated last summer by the resignation of M. Faiyez Hussain, was filled by Jeff Russell, who was selected to complete Hussain's term. Russell completed the term, building a reputation as a strong student advocate, standing out for students' rights as the board debated a campus drug-free policy. He also stood out against a tuition hike, and in favor of ISA membership.

see Year, pg. 4

Suicide: a dead-end choice

Help is available for those who need it

by Barbara Lopez-Lucio

Suicide is a national tragedy, claiming the lives of thousands of people each year. And although the subject of teen suicide has gotten growing amounts of publicity in recent years, its victims come from almost all age groups.

At CD, for example, where the average age of the students is 31, it is not only the teens that are sometimes unable to cope with the pressures of their lives.

The man walked into the counseling office late one Friday afternoon, asking to see a counselor. He was middle-aged, and out of work.

"While he was sitting in the reception room waiting for a walk-in counselor to become available, he said something to the effect of 'Maybe it's not even worth it,'" said Carole Dobbie, CD's director of counseling. "Those are the kinds of things we get."

The counseling office at CD is very aware of the problems of depression and suicide.

"We take suicide very seriously," Dobbie said.

Receptionists in the counseling office are trained to look for warning signs in the people who walk in, and faculty members, who have the closest day-to-day contact with students, are given guidelines on when to refer students who appear to be experiencing problems.

"Each fall when I meet with the new faculty, I specifically emphasize that if they are noticing anything, if a student's behavior calls attention to itself, it's time to refer," Dobbie explained.

The counseling center doesn't initiate contact with students referred by the teachers, preferring to work with and through the teachers.

"We try to use the teacher to get the student to the counselor," Dobbie said. "A stranger calling you up out of the blue isn't the most sensitive thing."

She went on to explain that teachers will

reserve time with a counselor, typically after the next class with the troubled student, so that the teacher can bring the student in.

The teacher serves as a link between the student and the counselor. Dobbie feels it's important for the student to experience a continuity of caring, from the concerned teacher to the counselors, who can provide referrals to those who need it.

"We ask the teacher to stay there for part of it," Dobbie said. "We try to link, we try to make sure there's a link and a hand-off."

According to *The Advising Handbook*, the reference guide used by CD faculty and staff, some of the danger signs to look for include:

- over-and under-activity
- emotional variability
- physical discomforts
- tension-reducing habits
- changes in attitude

Dobbie said that since CD is a commuter rather than residential college, "what we see is just the tip of the iceberg," when it comes to suicidal individuals.

"Somebody who is in that state won't come here," she explained. "They'll stay at home in bed with their depression."

"We do what we can with those we become aware of; we try to actively watch and listen."

Although any counseling received is voluntary on the students' part, counselors would take steps to ensure that a severely depressed person was not left alone.

"Should we find somebody who is actively talking suicide, we would try to find a friend or a family member; we would not let them walk out of here alone," Dobbie said. "It gets very complicated sometimes; a person is depressed because they don't have any friends and they're not getting along with their family."

Just a few hours can make a true life-and-death difference for a suicidal person.

"Most suicidal crises are very short, lasting for 24 to 48 hours," Dobbie said. "If you can get the person through the short term, the crisis is over. That doesn't mean that the underlying problems are solved, but the crisis point is over."

The counseling office is "extremely careful about the concept of referring" students for care to private therapists of counseling programs. Any referrals are to the DuPage County Mental Health Department, although information on other "possible options" is available if a student requests them.

"We will give people referral information on other therapists," Dobbie said, "but we make it clear that we are not referring them to those people, but that we are giving them information that they should

check out themselves."

Dobbie was careful to stress that CD's counseling office is not a suicide crisis center, and does not offer 24-hour services.

"At five o'clock on Friday, everybody goes home," she said.

She recommended the DuPage County Health Department Crisis Intervention Unit at (708) 627-1700 for anyone needing to talk.

Although Dobbie said she is not an expert on suicide, she was able to offer insight into some of the reasons for depression and suicide, especially as it relates to DuPage County.

"You have young students who don't fit in with their families. There's a tremendous amount of pressure in DuPage County to be a high achiever," Dobbie said.

One potential for stress would be students from a professional or scientific families, who are pressured to succeed in those fields, even if their interests are in other directions.

"The family pressure is just tremendous," Dobbie said. "You have a person who is worthwhile, productive, usually more intelligent than average, but who doesn't feel like they're worth anything. I think that's a particular thing in DuPage County."

What do you do about a friend or family member that seems suicidal?

"First, don't be afraid to talk about emotions," Dobbie said. "They are real."

She cautioned against trying to take the place of trained counselors, however.

"I think one of the most common mistakes people make is to try to do it themselves," she continued. "They have a friend who is talking real seriously, and they think they can be that friend's support, but they can't. They will just get themselves into very deep trouble by trying."

Dobbie recommends talking to a professional counselor, and recommends CD's counseling office as a starting point.

"Our counselors are not going to be the person who continues to deal with someone who is that upset, but they're an excellent starting point because they can link the person into other systems," Dobbie said. "Counselors here are not therapists, so they are only able to help in the sense of the sensitivity to the issues. They don't do therapy."

She said that CD's counselors are "warm, loving, approachable individuals" who can be a help in spotting trouble and connecting students with further help.

"We can't be a crisis service," Dobbie said, "but we are responsive; we want to be that linkage and get help for those who need it."

An open letter to the teenager contemplating suicide:

So, you've made up your mind. You're going to kill yourself. You have a bottle alcohol and some tranquilizers. It will be just like going to sleep, right? Wrong. Once the drugs start to take effect, all of your muscles will relax. Your bowels will empty all over you. Then, you will go into convulsions. Finally, you will die.

It seems more like a nightmare to me. Of course, sometimes it does not work. You don't die. You could become a vegetable or brain damaged, you will have to live that way for the rest of your life. That really solves your problems, doesn't it? The easy and "glamorous" answer to your problems, huh? Oh, but *your* problems are different. I hate to break it to you, but there are millions of other kids out there with the same problems that you have.

Your boyfriend broke up with you last week. You got an F on an important test. Now you feel angry, sad or even frightened. Relax; everyone has felt this way before. It does go away. It is only a temporary crisis. You can find another boyfriend, or a better job. There are so many opportunities out there for you.

Maybe you want revenge. Your parents have done something to hurt you, and you want to hurt them back. "They'll be sorry when I'm gone." They *will* be sorry. A part of them will die along with you. Too bad you'll be dead and unable to see a single moment of their hurting. What good is revenge if you aren't there to enjoy it?

"It's only through living that your live gets any better."

-Been There

You've done something wrong. You hurt someone in some way. You feel as though you don't deserve to live. Everyone has the right to live. Nothing you could have done could be so horrible as to take away that right. You play an important role in the lives of many people, even if you don't think so. We all want you to stick around.

Only the cowards decide to kill themselves. It takes a real person to make it through the bad times. It takes a lot of strength to make it through the hard times; I know. That strength is there within all of us. You just need the patience to find it.

Did you know that it is a proven fact, that often the siblings of those who have committed suicide follow in the footsteps of their brothers and sisters? Imagine knowing that ten years from now your baby sister might kill herself because her big brother did-what a legacy to pass down the family tree.

Every year, 5,000 persons under the age of 25 kill themselves. The only thing that suicide has to offer is that you can become another statistic. Your life for the chance to become another—what a trade-off.

So, before you go and do something stupid, think of all the great things you'll leave behind. Things will get better. The pain finally does end, but not through the slice of a razor blade. It's only through living that your live gets any better.

Trust me; I know, because I've

Been There

by Amy Johnson

**DuPage County
Health Department
Crisis Intervention
24-hour hotline
(708) 627-1700**

A brother's suicide shows frailty of life

by Michelle Langhout

Life is a tenuous thing; I'd known that for years, but was reminded of it once again this past January when my brother killed himself.

He had walked out the door on January 6, took my stepmother's car, and drove to some uninhabited farm property, where he connected one end of a hose to the tailpipe and inserted the other end into one of the side windows. A mailman found him there, and shortly afterward the police gave my father a phone call.

Some of you might be thinking suicide is a romantic, poetic, even glamorous way to end a life full of misery and unfair circumstances. Please allow me to blow those notions out of the water.

For one thing, have you ever seen the body of a person who's died from carbon monoxide poisoning? When I saw the body in the casket a few days after Steve's death, its skin appeared bloated, swollen. It had a double chin, and the clothes were too tight; in life, Steve's top weight had been just over 150 lbs. I found out later that what we saw in the casket was actually after much of the

swelling had gone down.

Many people have endured a lot of pain in their lives, as my entire family has. I'm sure that this pain was the greatest reason Steve had to kill himself. But I can't help but ask: if that's reason enough to justify suicide, why hasn't everyone in my family committed suicide?

Simply enough, it's not. I admit that I'd thought of killing myself some years back, but some vital things stopped me:

I told my feelings to people I trusted and cared about, and they took me seriously. They showed me that they loved me, and I let myself believe them.

I got counseling, and through those sessions I found out that there is always a way to deal with problems in my life. And they weren't small ones.

I looked at Jesus's life, at His strength during His suffering, and I put my faith in God when I need His support as well as when things are going well for me. God's strength was the greatest thing that enabled me to deal with school, work, and life in general after Steve's death last quarter.

None of this is to say that I have the

absolute solution to the terrible problem of suicide, or any of life's major pains for that matter, because I don't. But I do know that with courage and a willingness to try, and the help of God, family, and friends, I've been able to deal with huge obstacles in my life and sometimes even to make something good come out of them.

Steve's death was one of these. After we cremated his body, we found ourselves arguing more, almost ready to break apart. The littlest thing would set one or the other of us at each other's throats, until we realized that we needed help as a family, and started treatment in Christian counseling.

It's only been a few months since then, but even so soon I've seen changes take place in my family that I never thought would take place. We compliment more, defend ourselves and argue less. We still bicker, and home life is far from perfect, but the wounds we cause are smaller and quicker to heal. If Steve were around to see, he'd be so proud.

Now, I want to live. No matter what happens. And God willing, I'll do it with more smiles than anything else.



NEWS BRIEFS

SGA tutor program

A tutor can sometimes be difficult to find. SGA has a tutor list that is helpful to students in need. More tutors are also needed. Stop in SRC 1015 and ask for Mike Stajduhar for more information.

Phi Theta Kappa

The CD chapter of Phi Theta Kappa, the national honors society, will hold its general meetings on Mondays from 12:15 to 1 p.m. in IC 3059 and Fridays from noon to 1 p.m. in IC 2005. Anyone interested in joining PTK is welcome to stop by a general meeting or contact John Modschiedler, ext. 2301. All those who joined PTK this year and have not yet picked up their certificates may pick them up in the Student Activities office, SRC 1019.

Psi Beta

Psi Beta is the national honor society in psychology for community and junior colleges. A few of the benefits of Psi Beta are: recognition by psychology departments at colleges and universities; references provided by the national organization of Psi Beta throughout one's lifetime; and ownership of a Psi Beta membership certificate and card that is recognized nationally. Interested students should contact Susan Harris-Mitchell, ext. 2035, IC 3097e.

Sigma Delta Mu

Sigma Delta Mu is the two-year college national honor society for Hispanic studies. This organization honors excellence in studies and an appreciation of the language, history and art of the Hispanic world. Students may become active members if they are enrolled in Spanish 102 (or higher) and maintain a minimal overall GPA of 3.0, including a 3.0 average in Spanish. In the

future there will be two meetings per quarter. "In the friendship of others we can genuinely enjoy things Hispanic—field trips, museums, movies, restaurants and music." For more information, contact Marge Florio at ext. 2051.

Support groups

Support groups for people from dysfunctional families are held Mondays at 7:30 p.m. in SRC 3001 and Fridays at 12:30 p.m. in SRC 3001. Anyone from a dysfunctional background wanting to explore these issues in a supportive environment is welcome. For more information, contact Lori Murphy, ext. 2156, or Val Burke, ext. 2154.

Soccer tryouts

Are you interested in playing varsity soccer at CD next fall? If so, call Coach Jimmy Kelly at 647-8520, or Mario Reda at 858-2800, ext. 2134.

Relive the English Renaissance

Experience the Elizabethan age through history, literature and drama in the classroom and then at the Bristol Renaissance Faire in Bristol, Wisconsin. Renaissance Relived is a three-credit program with four Wednesday evening classes and a weekend experience at the Faire on July 20-21. The cost is \$95 plus tuition. Call ext. 2356/57 for a permit to enroll.

International Student Organization

ISO is an organization for cultural enrichment; its purpose is educational as well as recreational. Want to have international friends, including Americans? Don't miss our cultural events, join ISO and become a member (no charge). For membership information, call ext. 3078 or stop by IC 2115a.

Scotland study program

Take the high road this summer. C/D Scotland: Summer '91 registration is reopened! A group of interested students and last-minute calls have caused registration for C/D: Scotland '91 to be extended. Call Professors Leppert, ext. 2549, or Seaton, ext. 2223 for more information.

Study skills seminar

Registration is now open for a one-day Study skills seminar, to be held on July 20 at the new Naperville Center, 1223 Rickert Drive, Naperville, from 8:30 a.m. to 3:45 p.m. Workshops offered are: Notetaking, Testing Tips, Time Management, Reducing Math Anxiety, Textbook Mastery and Preparing for College Writing. Course code is 2655-090-57 and fee is \$31, which includes tuition, box lunch and materials. For more information, call Instructional Alternatives at 858-2800, ext. 2356 or stop by the office in IC 3046.

Student plant shop

The student plant shop, located in Building K, room 101, will be closed from June 17 to 21. It will reopen on June 25. Summer hours are Tuesday, Wednesday and Thursday from 10 a.m. to 5 p.m. For more information, call Liz Britt, ext. 2183.

India Pakistan Student Association

For an exciting and entertaining night of Indian and Pakistani culture experience, come to the culture show and taste our food on June 21 at 6:30 p.m. in the Arts Center Mainstage. Tickets are \$5. For more information, contact Student Activities, ext. 2243 or 2715, SRC 1019e.

The Courier's next issue will be Oct. 4, 1991.

POLICE BEAT

May 22

• Carlos Ortego of Glen Ellyn, while parked in lot seven, returned to his 1985 Chevrolet Celebrity to find that the vehicle was struck by the vehicle of an unknown assailant. Damage to Ortego's car occurred to the driver's side rear door.

May 23

• Randall M. Constant of Woodridge, driving a 1985 Pontiac Firebird, while parked in lot 5, had his locked vehicle broken into and burglarized. Several items were stolen such as a radar detector, cassette tapes and the box where the tapes were kept all valued at \$246.

• Carla J. Sitzenstock of Roselle parked her 1988 Ford Tempo in lot three. Upon returning to her vehicle, Sitzenstock discovered that all four of her aluminum tire covers were stolen valued at \$182.

May 25

• Craig P. Winans of Wheaton, left his valuables locked in locker 255 in the men's locker room. Upon returning to the locker, he found that the locker was broken into, the padlock was missing, and \$150 was stolen from his wallet.

Department of Public Safety
SRC 2030
ext. 2000

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Year, from pg. 1

Nazima Hasham, who was elected in the spring to replace Russell, announced last week that she will resign as student trustee in August to attend school elsewhere.

Presidential visit

• In October, the college learned that President George Bush would be visiting the campus for a campaign rally supporting gubernatorial candidate Jim Edgar.

Thousands of Republican campaign workers, CD students and general members of the public flocked to the PE arena to enjoy the hoopla, hear the candidates speak and see their president in the flesh.

Although a few protesters made it inside the arena and briefly interrupted the proceedings with heckling and signs, they were quickly hustled out by the security forces that blanketed the campus.

• Two days before the president's visit to CD, one of the helicopters of his escort group crashed on approach during a practice landing run. The chopper ended up on its side with the tail section broken off and thrown in front of the craft's nose, just to the south of the PE building.

The entire area was quickly sealed off, and by the next morning all evidence of the accident had been removed.

A Marine spokesman said that there had been no injuries during the crash, and that it was under investigation.

The crash had no visible impact on the president's visit two days later.

War in the Persian Gulf

• As Fall Quarter began, American troops were building up in Saudi Arabia, as debate raged about whether or not an attack on Iraq should be launched. The question was decided one night in January, as President Bush announced the beginning of Operation Desert Storm, aimed at the liberation of Kuwait.

People stuck close to their radios and televisions, hungry for news of the war, and while some disapproved of the decision to begin fighting, support of the troops became a matter of national pride.

• Middle East experts held forums and gave discussions on different aspects of the area's culture, geography and politics in an attempt to enlighten students about the background of the war.

Department of Public Safety

• A survey conducted by DPS in June 1990, while generally lauding the department's performance, pointed out the need for more manpower to keep pace with the college's growing enrollment.

DPS Chief Tom Usry expressed a need for as many as six more officers to help out an over-worked staff.

Ken Kolbet, vice president of CD, seemed to disagree with Usry when he said that a "considerable" investment in surveillance equipment and the ability to call Glen Ellyn police in for back-up precluded the need for an increase. He suggested that DPS resources could be better allocated to reduce staffing problems.

Environmental issues

• The pilot paper recycling program went campus-wide, and expanded to include newsprint and aluminum cans. Plans were made to recycle corrugated cardboard and plastics in the future.

• The COD Earth Festival was held in May, with the attention being on educating students on environmental issues. About 30 organizations set up information booths for interested students.

• The college sponsored a National Issues Forum on the environment, which gave participants a chance to work through several environmental problems and some possible solutions.

• Biology Professor and prairie-lover Russell Kirt lobbied in favor of expanding CD's prairie restorations to reclaim areas disturbed by the expansion of College Rd.

Initial response from the administration was positive, and the expanded prairies have been included in the long-range plans for the campus.

Buildings

• The Seaton Computing Center opened for business.

• Plans for the expansion of the SRC are going ahead, an architect was selected for the project and plans are being drawn up.

• Two new regional centers, in Westmont and in Naperville, are completed and ready for students beginning Summer Quarter.

• An architect has been selected to draw up plans for remodelling Building M on the west campus.

Stajduhar resigns as SGA president

by Will Hacker

The crushing weight of academic responsibilities has led student body president Mike Stajduhar to resign his post as SGA's chief executive.

"I'm burned out, tired and exhausted," Stajduhar said. "I just couldn't face it anymore."

Stajduhar said he wanted to focus on his classroom duties for the remainder of the year.

"My academics have been sliding into the abyss," he said, adding that his average had slipped in the past year, and that he wanted to boost it.

According to SGA's constitution, Vice President Dan Krasinski should assume Stajduhar duties until June 16.

However, Krasinski has decided to pass the presidency on the Murray Leith, senate chair, so that he can work on graduation. Krasinski will be attending University of Illinois next fall.

Leith plans on following through on

several SGA projects currently in the works.

"I plan to go to the board of trustees and present the results of the election," Leith said. "I'm going to let them know the students want ISA."

Leith feels the ball has started rolling on these projects and said that he will keep things in motion until the new administration takes over.

Leith has selected Krasinski to serve as his vice-president for the last two weeks of Spring quarter. On June 17, Scott Andrews and Brian Benedict will be inaugurated president and vice-president.

Stajduhar was elected to the presidency in April 1990, and spent the previous year on the student senate. He feels he has let students down.

"I owe the students more than this, and I will continue to help in other ways," Stajduhar said.

He plans to attend CD for the 1991-92 academic year.

Commencement set for June 14

by Will Hacker

Students long for the moment when that much-desired diploma or certificate is placed in their hands. For over 3,000 CD students, the longed-for moment is almost here.

Next Friday, many CD students will also know the joys of a job well done.

"We have about 3,200 students graduating this year," Keith Cornille, assistant director of student activities said, adding that about 650 students will take part in the commencement ceremony.

This year, Joyce Tucker, commissioner of the United States Equal Employment Commission, will address the graduates as the keynote speaker.

A Chicago native, Tucker earned her bachelor's degree from the University of Illinois-Urbana. She also holds a law degree from John Marshall Law School in Chicago.

"Tucker was selected because of her interesting background," Richard Petrizzo, vice-president of external affairs, said. "One of my staff heard her speak once, and said that she was an outstanding speaker."

Before her appointment as U.S.E.E.C. commissioner, Tucker held the cabinet position of Director of the Illinois Department of Human Rights. She was appointed to the position by Governor James

Thompson in 1980.

Petrizzo said it is not that easy to select a commencement speaker.

"We have to find someone who is a good speaker and who will interest our audience," Petrizzo. "Joyce Tucker is both bright and well prepared."

In addition to diplomas, several presentations and traditional end-of-the-year speeches will be made.

College of DuPage Foundation will give two awards, to the outstanding male and female students of the year.

CD's Alumni Association will name its outstanding alumni of the year.

"The award is presented to the alumnus who has made the greatest contribution to the college in the past year," Cornille said.

Tucker will share the stage with CD President H.D. McAninch and acting student body president, Murray Leith.

The 24th annual commencement ceremony will be held in the Physical Education and Community Recreation Center.

The ceremony will begin at 7:30 p.m. and should last about two hours, Cornille said.

Graduates will begin assembling at 5:30 and will hold a rehearsal before the ceremony.

Practice what you teach.

Please plan to attend Educator's Day at The Merc. Whether you teach at the elementary, high school or college level, this is a unique opportunity to get a clear, first-hand picture of the dynamic world of futures and options trading. You'll see and feel the energy of billions of dollars changing hands. And you'll hear futures and options experts outline trading basics and explain the role they play in the world of economics. Best of all, there's no margin requirement. In other words, it's free...including lunch. But space is limited so make your reservations now by calling 930-3010.

(Teacher ID required)

Educator's Day at The Merc, June 26, 12:15 pm-4:00 pm.



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EDITORIAL/OPINION

Thanks and farewell; I'm outta here

*A final word from Barbara Lopez-Lucio,
1991-92 editor-in-chief*

It is with mixed emotions that I oversee the publication of the final issue of the 1990-91 *Courier*.

On the one hand, being editor-in-chief has been an incredibly demanding and time-consuming job. Especially when I was starting out in the fall, when 13-hour days and 50-hour weeks were not unheard of. All this while trying to keep up with my studies and devote time to my husband and son.

I will take time here to publicly thank my husband, Jose and my son Andres for their understanding and support when I would come home at nine at night, only to bury my nose in homework. Thanks, guys.

The demands of my job included training a mostly green staff on the intricacies of our computers, trying to recruit reporters to cover events, and deal with people who became irate when their events didn't receive the coverage they wanted.

On the other hand, I loved every minute of this job. It's been exciting and interesting; I've been able to meet and talk with many fascinating people, taken part in events that I otherwise never would have, and learned a lot in the process.

Rather than just being one of the masses of students, I've been considered a student leader on campus. I've been invited to sit on committees and talk on the radio, and have gotten to know some of the movers and shakers at CD.

It can be heady stuff. I tried not to let it go to my head, but I have to admit that I will miss the position, if not all the hard work.

I set goals for myself when I was selected as editor-in-chief last year. One of the primary ones was to feature some of the many things going on at CD. Another was to make the *Courier* a paper about CD and its people.

I've met my goals in these areas, although I didn't do any of this alone.

Now is the time where I want to thank all those who worked so hard right along with me to make the *Courier* what it was this year.

Jim Rendulich did a terrific job of covering CD's sports teams, and he did it practically single-handed. His in-depth coverage of the teams and games was only the beginning, however. He also originated the "Athlete of the week" feature to highlight CD's exceptional athletes, and periodically highlighted special areas or teams. He also lightened up the newsroom with his unique sense of humor. And he's a big Stevie Ray Vaughn fan. What more could I have asked? Thanks Jim, for doing the sports, so I didn't have to.

Chris Sutter was more or less thrown into his job as Arts & Entertainment editor, and has done a lot with very little help from me. Both he and the previous A & E editor, Jenny Berry, deserve a lot of credit for really expanding our coverage of the events offered by the college. Thanks to you both for showing off what we have to offer.

I have a special thanks to Susan Polay for her many in-depth stories on CD's special programs and people. Her hard work helped me reach my goal of spotlighting the college, and her level-headedness provided an island of sanity in a newsroom that sometimes got pretty wacky. Thanks, Sue.

News Editor Will Hacker was a blessing who walked in the door last fall. He contributed so much, with his news stories and with his column. I don't know how I would have ever gotten anything covered during the Fall Quarter if it hadn't been for Will; I never seemed to have time to actually write. He did more than enough for both of us. Rock on Will, and good luck next year.

Beth Terry was another one who just walked in the door one day, with a wonderful photo in hand, and walked out the door with a job as photo editor. I apologize for all the pictures I made you take and then never used Beth, but they were all wonderful anyhow.

Chris Rey gave the *Courier* a distinctive and stylish look, and his artist's eye gave that special touch to many of our stories. Behind the scenes, he also had the less glamorous job of production. He excelled in both areas, and was great at rearranging the office furniture to boot. Thanks, Chris.

Our ad manager, Joanne DelGallo, while not part of *my* staff, also deserves special recognition for the role she plays for the *Courier*. Her professionalism in managing the business end of advertising and her creativity in designing ads are equally valuable. I shudder to think what my job would have been without Joanne to hold things together.

I want to thank our advisor, Cathy Stablein, who did just that, advised. She never tried to tell us what to do, but was always there to listen when we needed help, and to aim us in the right direction. Besides, she's a week older than I am.

To Adam Bain for his cartoons, Emma Anzalone for her photos, and all the reporters for their contributions, thank you.

To all those who took the time to talk to me and answer my questions, I also offer thanks. Without sources, a reporter has little to report. And to "John," whoever you are, you can slip a note under my door any time, okay?



Opinion:

If you're in time, you're out of touch

*A different view of today's events
by Will Hacker, news editor*

Tick-tock, tick-tock, tick-tock. If that damn thing rings I'm going to explode.

Contrary to popular belief, this is not the land of the free. We are all slaves to time. And let me tell you, he's a cruel master.

Here we sit, in the moments of our youth, completely unaware of how fast it will be gone. Next thing you know, it's a station wagon, 2,386 kids and a dog named Bart. (Please excuse me if things are moving too fast for you, but that's the way it is.) And after that, you guessed it, oat bran. The thought of it almost makes me sick, but that's all in good time.

The real question is whether we actually have a good time. Or are we just stuffing a broken meter. (Editor General's Warning: Author will now get philosophical, all weak hearts please leave the room.) I sometimes wonder, as I watch my neighbors mow endlessly into the night, what is it all about. THEN, it hits me. It's all about who has the shortest grass. My God, I've got the universe in a nutshell. And, boy, is it cracked.

Yes, Bald Earth, what a concept. Does this mean that my neighbors are monks? That would explain a few things. Not that I don't enjoy those late night bonfires, but enough is enough. Get some Glad bags, you fool, and quit burning the stuff.

Once I learned that scorched earth is the key to success, I quickly made my plan. Now, my faults laid clearly in front of me,

with all the candor of a dead fish, I marched steadfastly into the night. Well, actually I drove. 1:36 a.m., 1973 Cutlass Supreme, baldest earth in town. Let me tell you, I can ride with the best.

My neighbors awoke the next day to the shock of their lives. Not a remnant of life, except the slugs, was to be found on their land. And they truly turned blue.

What was once a sibling to Saint Andrew's was now a twin to Camp Saddam. The grass is not always greener on the other side. Except in my neighbors case.

Anyway, the point is this; I've shown him the light. No longer does he waste his precious time with Turf's weed and feed. Now he draws ducks. Packed quietly away, painting, in a small rubber cottage, in the south of France.

Yes, old Papa Time. (Do you get the feeling I'm stuck in first?) We run up, down, all around, just to keep in time. Like little furry rats, lost in the maze. Running to and fro, looking for the little rat's room, because we spent too much time in the little rat's tavern. Trust me, I know about these things.

Well, we have to remember not to get carried away with time. Living by a schedule may be efficient, but it's like telling your Aunt Martha you *just loved* her Christmas bean curd. It's just too phony.

Live life as one day and make all the hours you can, because one day you'll be like this little rap-session; out of time.

Courier

Editor-in-chief: Barbara Lopez-Lucio

News editor: Will Hacker

Features editor: Susan Polay

Arts & Entertainment editor: Chris Sutter

Sports editor: James T. Rendulich

Photo editor: E. Altman Terry

Art director: Christopher Rey

Advertising manager: Joanne Del Gallo

Advisor: Catherine M. Stablein

Staff cartoonist: Adam Bain

Staff photographer: Emma Anzalone

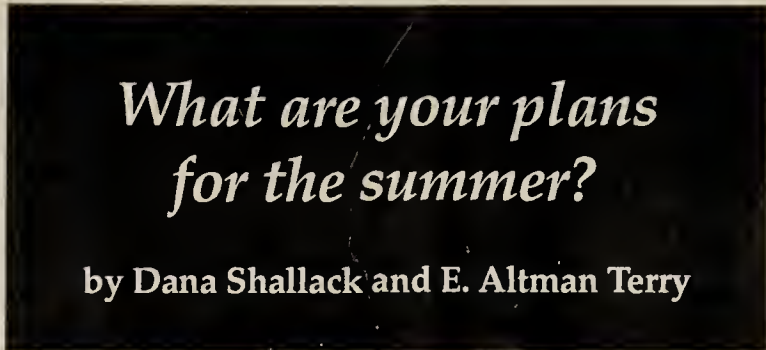
Staff reporters: Amy Johnson, Dana Shallack
and Gail Sonkin

STUDENT VIEWS



Dave Lally, 19, C.O.D.

"I'm going to go to California. Then I'm going to start my own business, get a car and move out."



Linda Kurczewski, 19, Darien
"Work."



Dan Sullivan, 20, Villa Park

"Go on tour with the band I'm in, register for Columbia College and catch some cancer rays."



Tim Feeney, 19, Glen Ellyn'

"Mostly work and hang out."



Bette Poulos, 21, Addison

"Get a job and try to go on a trip; have fun."



Erica Williams, 20, Woodridge

"To work and enjoy the summer."

Jason Noel, 19, Wheaton

"Working and taking another class."

Jon Buttjer, 18, Lombard

"Further my growth and make tuition money."

Jon Blasche, 21, Villa Park

"To live each day as if it were my last."

Letters to the editor

Was this story really necessary?

To the editor:

I am writing in regards to the article printed last week concerning Brandon Moody. Personally, I don't think that the story should have even been printed, much less on the front page with his picture. I'm sure Brandon doesn't need the humiliation of people labeling him as a thief, especially since this incident took place in Nov., 1990.

I think that Public Safety and the Courier have taken past problems concerning the basketball team and blown them way out of proportion.

Furthermore, the incident involving Tyrone Parks had absolutely nothing to do with Brandon Moody. I'm sure that there

have been other individuals who have returned stolen books to the bookstore and not ended up with their pictures on the front page of the Courier.

I think that this action was unnecessary and uncalled for.

Anthony G. Berry
Student

Student questions tuition policies

Last month, I was going through the process of applying to the four-year colleges and one thing particularly got my attention.

Every educational institution in the U.S. charges at least four to five times more

tuition to its foreign students. At CD, for example, while natives pay \$20, the out-of-district pay \$67 and out-of-state pay \$90 per quarter-hour. These students are already paying enough by coming out of the way—in most cases away from family—to a totally strange place to attend college. That shows that the college is good and well-reputed to attract students from far away, but that does not mean that we should charge an arm and a leg for being selective in attending educational institutions.

What I would like to know is what were the initial theories, reasons and explanations based on which the decision was made to charge these outside students their parent's or financier's entire life's savings. Remember, these people also pay an equal amount of taxes and in any other aspect of life they are treated just as any other member of society. Hence, they pay for everything exactly what

the natives do.

Can somebody tell me, what kind of punishment is this for those students, or are they charged just for being "foreigners?"

Akbar G. Jaffer
Student

The Courier goes on hiatus until Fall Quarter. The first issue of the new academic year will be Oct. 4.

Forum:

Good works are rewarded, winner of \$1 million says

If you won \$1 million, would you continue as a CD student, or would you quit?

Well, I won \$1 million in the Illinois lottery in January of this year. I am still attending CD and expect to graduate in June. By the way, I am a senior citizen, age 72, and plan on registering at DePaul University, Chicago after graduation from CD.

Others may call it luck, but I credit God's help in winning the Lotto. How am I sure of God's intervention?

I've been sending clothes and school supplies to the St. Paul Indian Mission in Marty, S.D. for the past 32 years.

Usually I bought the Lotto tickets near my home in Westmont, but once a week I would go to a restaurant several miles away in a small village. After lunch, I would buy the Lotto tickets in the grocery store next to the restaurant. One of the tickets I bought in

that small village was the \$1 million winner.

Although I never paid attention to the name of the village, I was later informed by Donna Mudra, supervisor of the lottery headquarters in Springfield, that the ticket was purchased in the village called Indian Head Village.

At that moment I concluded that it was not a coincidence, nor luck, but God indirectly letting me know that it was a reward for helping the American Indians in South Dakota for the past 32 years.

In my case, the return was more than the hundred-fold as stated in the Bible. I received a million-fold.

I am going to use some of this money for the benefit of the American Indians in South Dakota.

What I want is to crusade as a lobbyist in Washington, D.C. to help Indians receive educational grants or loans so that Indian

youth may have an opportunity to go to college. It is only through education that Indians will be able to help uplift their standard of living.

It is necessary to lobby in Washington because our government is neglecting the Indians. None of them receive any financial help to go to college. The unemployment is the highest in the nation.

Our government is not helping the Indians even though there is an Office of Indian Affairs in Washington.

Case in point: Senator Inoyae, who is at the head of the Indian Affairs, was instrumental in introducing legislation for the appropriation of \$600 million to help build homes in Israel, but has not done anything to uplift the living standards of the Indians in South Dakota. Billions are assigned for foreign aid, but no money is assigned for the college education of our

American Indians.

I sent a letter recently to President George Bush stating that he should practice what he preaches to the world, namely, freedom and democracy.

The fact is, our government restricts the American Indians on a place the government calls a "reservation camp." In my letter to the president I call it a "concentration camp" in a country that preaches freedom and democracy.

This country of ours belongs to the Indians. Because of lack of education, our government and greedy, unscrupulous men stole this precious land from the Indians.

My crusade centers around the fact that a grave social injustice has been and still is being done to the American Indians.

Casimir F. Gierut
CD student

SPOTLIGHT

Faces in the crowd



Cathy Stablein

Asst. Prof. of Journalism/English and
Courier Advisor

Home town: Wheaton, but I'm a Chicago native.

Birthday: Jan. 25, 1951.

Years in current position: concluding my fourth year.

I drive a: Honda Civic and Toyota Corolla.

The last good movie I saw was: *The Little Mermaid*—over and over and over. (I'm a sucker for musicals.)

My favorite music is: classical and folk—Beethoven and Steve Goodman.

My favorite book is: *Gone with the Wind*.

My favorite sports team is: the 1959 Chicago White Sox—a classic year.

My hobby is: working—I picked a job I like doing a lot.

My prized possession is: used to be my Thornridge High School sweater of 1967.

A fascinating person I'd like to know is: Gigi Geyer—I met her briefly this year.

My most memorable experience was: throwing up in a vacant prairie after a homecoming dance in 1967.

My major accomplishment is: changing my career from full-time editing to full-time teaching.

A major goal I'd like to yet achieve is: some kind of advanced degree—maybe a doctorate in urban studies.

The worst advice I was ever given was: not to buy my first house.

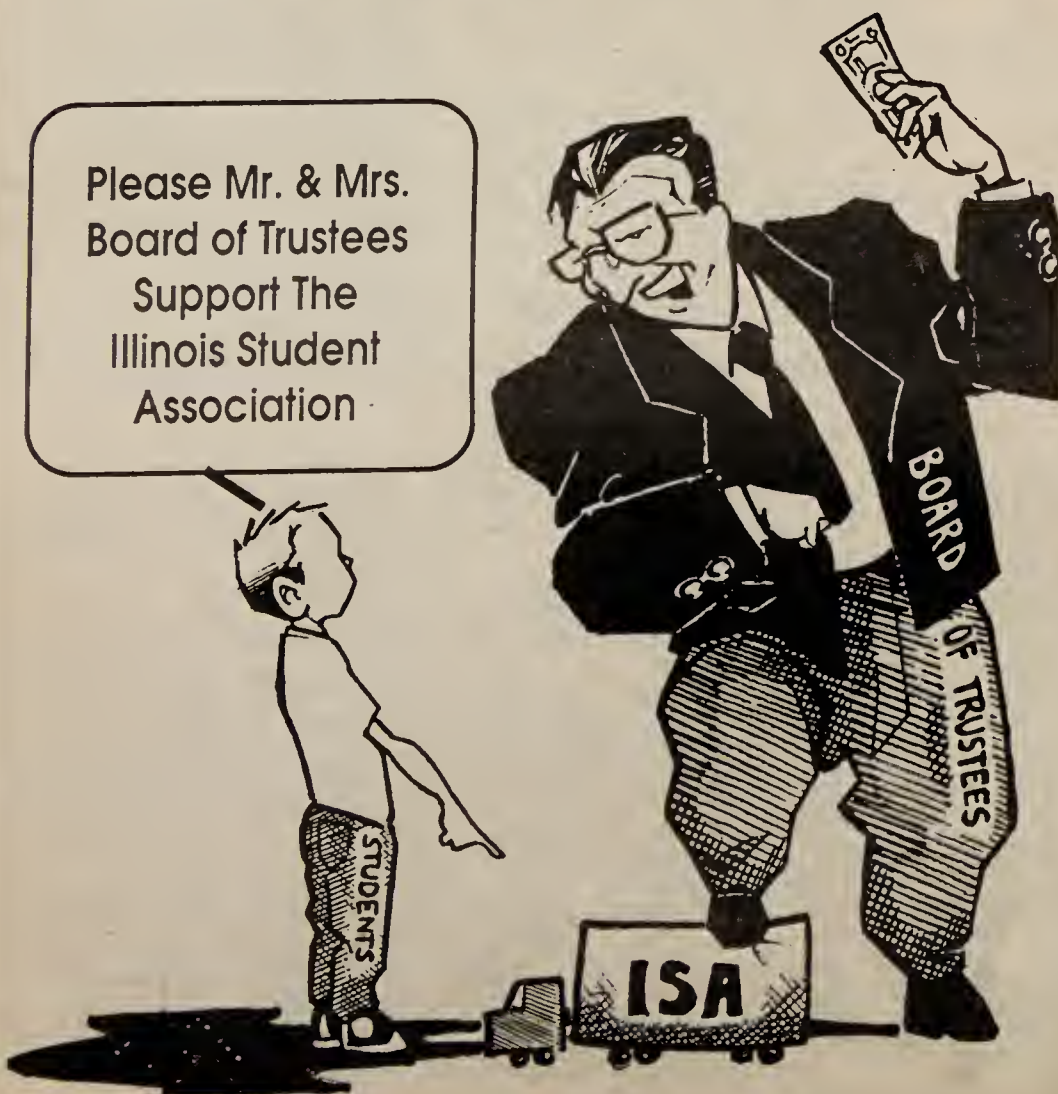
Nobody knows I'm: really quite shy.

If I've learned one thing in life, it's: roll with the punches.

I would like to instill in the minds of CD students that: school is hard and time consuming—your first career will be much easier.

CONSIDER:

Please Mr. & Mrs.
Board of Trustees
Support The
Illinois Student
Association



The Student Body Said Yes..

The Student Government Says Yes...

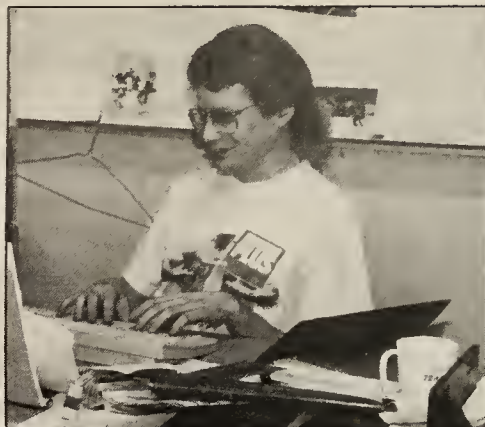
The Courier Said Listen To The Students...

Can The Students Get What They Want?

Faces in the Courier



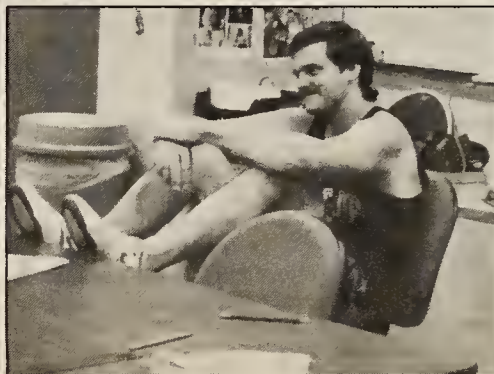
Barbara Lopez-Lucio
 Title: Editor-in-chief
 Best book I've read lately: "An American Life" by Annie Dillard
 Favorite movie: *The Godfather*
 Advice to the world: Don't get too bent out of shape about things, in 100 years, it's unlikely anyone is going to care anyhow.



Will Hacker
 Title: News Editor
 Favorite book: "Lord of the Rings" by J.R.R. Tolkien
 Pet Peeves: Insincerity and dishonesty
 If I could be anything I'd: Be a buffalo hunter in the 1800s.



Susan Polay
 Title: Feature Editor
 Last good movie I saw: positively—*Dances with Wolves*
 My hobbies are: Reading, writing, gardening, crocheting and drawing.
 I want to thank everyone involved in the stories that I have written for their cooperation and patience. The experience has stimulating and rewarding. See you in the fall!

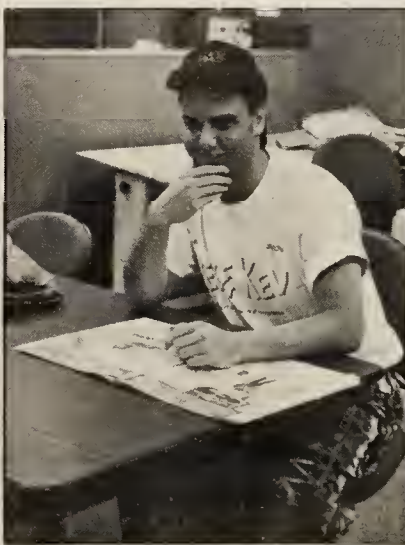


James T. Rendulich
 Title: Sports Editor / Circulation Manager
 Age: 22
 Pet Peeve: Mimes, I hate them.
 Personal Living Hero: Elvis
 Where to: Off to SIU to party and become an average rowdy college student
 Ideal woman: An evil, leather clad biker/photographer.
 Philosophy of life: Everyday above ground can't be all bad.
 Advice to the world: Let's all be decent to each other.

My final few words are: Thanks to everybody that I have worked this year. You made a laborious year endurable and fun. Take it easy.



Christopher J. Rey
 Title: Art Director
 Sign: Aquarius
 Favorite Author: Robert Bly
 Favorite Place: Martha's Vineyard
 Music: Really anything but Heavy metal and House.
 Favorite movies: *The Mission* and *A Room with a View*.
 Hobbies: Rock climbing, backpacking, reading and music.
 Advice: Read, be informed and stand up for what is right.



Chris Sutter "Speedo"
 Title: Arts & Entertainment Editor
 Favorite Movies: *Back to the Future* and *Thelma & Louise*
 Favorite Book: *Bright Lights, Big City*
 Favorite T.V. Show: *In Living Color*
 Pet Peeve: Elvis being alive.
 Where to: Off to Southern Illinois University to divulge in the finer things in life.
 Proudest Moment: Being on stage with Jonathon Brandmeier & The Leisure Suits in front of 40,000 people.
 I Wish: to have my first million by 25.



E. Altman Terry
 Title: Photo Editor
 Favorite book: "Mission" by Patrick Tilly
 Favorite music: classical jazz
 Advice to the world: What you seem to be, be really.
 Weirdest experience: Working with Jim, Will, Susan, Barb, Chris and Chris, et al.



Joanne Del Gallo
 Title: Ad/Business Manager
 Favorite computer: Mac II
 Last good movie I saw: *Dances With Wolves*.
 Favorite food: Italian - homemade pasta in particular
 Pet-peeve: Letting the *Courier* staff talk me into being in this column
 Advice to the world: Always meet your deadlines!

Indian Spring / Vision

James Frank, counselor and instructor at CD the Indian ways of being into a life style th



photo by E. Altman Terry

Jim Frank (above) is interested in harmony and in developing mutual respect in the world and wants our image of the native Indians to be more real.

story by Susan Polay
illustration by Gwen Witsaman

James Frank, counselor at CD for 18 years, again offers the class Indian Spring which will explore American Indian culture with teachers and traditionalists sharing experiences and beliefs.

The class will spend a week on the Bad River Indian Reservation in northern Wisconsin and will examine complex issues associated with treaty rights, reservations, cultural preservation and public education.

The on-campus classes meet for five classes and the field experience leaves July 8 to return July 12. The cost for the trip is \$285 which includes transportation, meals, accommodations and programs.

"It's the longest that I have ever been anywhere because I'm given the freedom to these kinds of classes and pursue my own

professional, personal interests," Frank said.

He said that he is grateful for the kind of resources that this college provides in the way of supporting these kinds of programs through the field of coordinated studies.

"It is an outlet for faculty to do these things. It is certainly an outlet for me from what I normally do as my role as a counselor," Frank said.

Frank sees students on individual appointments orientating new students, helping current students make decisions like where do they want to go, and who they are.

James Yellowbank, a Winnebago Indian, was raised in Wisconsin and is coordinator of the Indian Treaty Rights Committee of Chicago.

He spoke at class as one of the teachers, as Frank reported, and explained that our culture is always "becoming," not living the present. The Indian people are interested in being in the here and now, the present.

Frank said that in trying to rekindle their old traditional ways, the native American is very good at connecting the past with the present and the future.

The native Indians have more of a sense of a continual flow where the linear, rational, analytic, logic, and left brain thinking teaches a beginning and an end.

The Indians believe in a circular and intuitive reasoning, such as a cycle, seasons and times of life of the human being and plants, tornadoes—air in its strongest force, nests and dens of foxes.

Their idea of what you put into the circle comes back to you whether it is good or bad toward one another. As our saying goes, "What goes around, comes around."

"When you sit in a circle you create sacred space in the middle," Frank said.

Frank said that when people sit in a circle, people are a little less willing to be belligerent or rude or sensitive because they are being seen.

At the lecture with Yellowbank, he was asked what people can do to help the Indian cause.

Yellowbank said that people can support the organization politically with funds and give time, but a person can also smile at people, sing a song or help someone out.

Because an audience member was somewhat offended at that answer, Frank

explained that the Indian people are culturally introverted. The white people are culturally more extroverted as a group, wanting to do something or jump into things.

Frank said that the strong interest that is emerging about Indian people is the strong urge to do something which could be motivated by guilt by what our government did to the native Americans in the past.

Yellowbank does not consider guilt a healthy motivation.

He said to lay aside your guilt and come together and let's get to work.

Yellowbank's way of encouraging people to do these things is a way of supporting Indian people.

"It is his (Yellowbank's) way of saying slow down and just be," Frank said.

"That (sweat lodge) is to remind them that hardships are a part of life."

-James Frank

He continued to say that we seem to be looking to the Indian people as our salvation because they seem to have the answers to our environmental problems that we are facing. They have lived with the land so well for so long.

"That is a heavy burden to lay on us," Yellowbank said. "We have some answers, and we are willing to share what we know, but we cannot do it ourselves."

Yellowbank said that Indians are either looked at like drunken slobs or mystical beings. The truth is that there is a little of each and many in between.

"We are simply people," he said.

Frank said that he thinks that there is a tendency to put the Indian on a pedestal and to make them non-real.

He said that Yellowbank worked really hard to make people understand that he was just a human being with faults and strengths.

Yellowbank said that he can whine forever about the woes that were done to his people, but he is interested in solutions.

"My whole purpose in this class is to try to make more real our image of them and to develop an appreciation for their way of life,

thinking and value system," Frank said.

He said that he does not want to be an Indian nor does he want his students to become Indians, but he does appreciate the Indian cultures.

Frank's interest goes back when he was a little boy.

He read a lot and counted his library card as a prized possession. He remembers always being drawn to the section about Indians not being able to explain why, even though those stories were propelling to him.

"My interest now in the work I do in counseling and teaching is how to integrate their way of being into a life style that works," Frank said.

A few years ago everyone was interested in reducing stress, now the environment has everyone's attention.

In the Southwest, the Indians have invented the "trickster." Other Indian tribes might call him a clown or "heyoka" or contrary.

These people paint their bodies in extravagant ways, or they will do everything backwards to keep the people laughing through hardships.

Frank said that they do these ridiculous and obscene things in the midst of a serious ritual to always remind themselves of the balance, and that it is never as it appears. There is always another side to everything and to constantly remind themselves of it.

"The more I learn about their views the more integrated their whole approach to life is, and it offers relaxation and answers to problems," Frank said.

So much of what Frank does at CD is to help people make decisions about their lives. It requires them to be more contemplative and introspective.

"I find the native people I have met are much more comfortable in that arena than our outgoing extroverted society that's out there building bridges and tearing down mountains," Frank said. "These are my attractions to it (their way of life)."

Yellowbank also shared that people need to find out their special relationship to life and know that pain is a part of life.

Frank said that the Indian way of worship is a hardship.

A structure that they build is called a "sweat lodge" which is used for their religious

Gwen Witsaman, CD student, will revisit a Navajo exchange and rendezvous of artistry, wilderness

story by Susan Polay
illustration by Gwen Witsaman

Gwen Witsaman of Hinsdale will again visit New Mexico from June 16-22 on a return trip from the Indian Spring class of 1990 headed by James Frank.

The class was invited by a Navajo family who owns this part of the mountain.

"They wanted us to come back, I mean they really wanted us to come back," Witsaman said.

Witsaman is the first executive director of DuPage Children's Museum now in Eldridge Park District in Elmhurst.

She is designing, raising the money and setting up a new museum by September in Wheaton Park District Community Center on Blanchard Rd.

Witsaman said that the whole idea was started by the founder of early childhood education department of CD, Louise Bean and a teacher Dorothy Carpenter.

Witsaman, an artist in her own right, has

in the past worked in four museums helped erect two of those four museums, the Terra Museum of American Art and University of Chicago, Chicago's Smart Museum.

Witsaman was very much into the Indian culture when a woman, whom she did not know, approached her at a luncheon and told her that "There is some place that you have to go." The woman told her about the Indian Spring class going to New Mexico.

"I am right now doing Southwestern art work. I just had two shows. This is where I wanted to be," Witsaman said.

She continued to say that she had been in the southwest to New Mexico, but for business and as a tourist.

"Here was an opportunity to actually live with the Navajos up at 8,000 feet on their sacred mountain and to live off the land as they did," Witsaman said.

When Witsaman arrived at Toadlena, she road up Chuska Mountains on the back of a pick-up truck with two sheep and all the cooking utensils.

After everyone arrived at camp, they then

went on the very top of the mountain to cut down lodge posts and set up a tee-pee with skins so everyone could sit in it together.

The two sheep were brought for food. They were killed and were thanked for giving themselves to the people.

She said that this was very moving. She could not watch the part of the killing but did participate in the butchering. The sheep are always killed by the woman.

Virginia Deale, in her sixties, mother of eight children, is a famous weaver of this Navajo family of the "two great hills" area. She weaves her rugs of undyed wool from sheep and goats in colors of tan, brown, black, gray and white.

One of these works of art grace the Smithsonian Institute.

"Her husband is a true medicine man and speaks no English. They live in a hogan, an eight-sided log cabin with no heat, light or water. They still live off the land as they have for centuries," Witsaman said.

In the summer time they live in the mountains where it is cooler, and they have

another hogan. The rest of the class lived in tents.

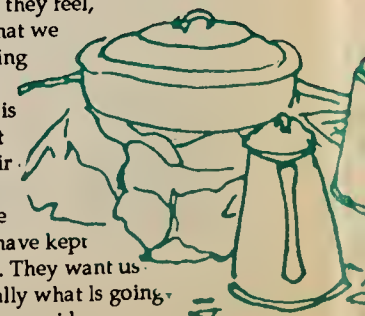
"We just bonded with the people. They were wonderful," Witsaman said.

Fidel Moreno of Aurora, who is married to a Deale daughter together with Frank, put together the trip.

Most of the Navajo seem to be artists. Moreno's wife Darlene is a beader.

"They had not intermingled with whites, and they feel, of course, that we are destroying the earth. They feel it is time to start sharing their beliefs with us. All these years they have kept them secret. They want us to know really what is going on," Witsaman said.

She said that this was a big step for them to share their ways.



On Quest

CD, integrates that works.

ceremony.

They do not enter a sweat lodge, as the name infers, to get comfortable which is contrary to white people's way of worship of getting clean and dressing up.

A sweat lodge was considered a rite of purification. It was built in a very ceremonial way. They would find willow samplings and tell the small trees that they were needed to serve the people. They would leave a token offering as a gift of thank you that they were taking its life for the needs of the people.

It was built as a dome with the opening facing east. Rocks would be heated up and placed inside. Since the rocks were also giving up their lives, the leader would welcome them with a thank you and call them grand fathers.

In a sweat lodge a person is sitting in the dirt, and he is perspiring. His eyes are burning from the steam; he is sitting in a cramped position.

"That's to remind them that hardships are a part of life," Frank said.

About five years ago Frank himself went on a "vision quest" which motivated him and changed his perspective.

Frank realized in his personal life that he was losing touch with what was important to him, and what he was feeling about things.

"I was becoming cynical. I wasn't fun to work with or live with," Frank said.

While taking a class, a guest speaker mentioned that he had experienced a "vision quest." Frank said that he knew right away what that was from his former readings. He became very interested and wanted to hear more.

"It's everything I am personally and professionally interested in. I love the outdoors," Frank said.

This experience was going to a wilderness area. It was integrating native American rituals like sweat lodges and fasting in the wilderness which the Indians did when they were confused or in a transitional stage.

Frank said that this is a ritual that reconnects us with nature, the natural world and ourselves.

"It is a way of finding ourselves again when we are out of balance in some way," Frank said.

During this vision quest, it all came together for Frank. He had a week of personal reflection and isolation.

"That's when I got reconnected with the deeper parts of myself that I had lost tract of," Frank said.

He said that when a person is out there alone, who he thinks about and what he thinks about is what is important to that person.

Not being distracted by the telephone or responsibilities and taking time out to be quiet is not done in our culture.

Usually people go to therapy when they are crumbling. Men in particular are vulnerable to that.

Frank said that after he allowed himself to help himself, instead of trying to save the world, and payed attention to what was going on the inside he rediscovered those interests.

Then he acquired a voracious appetite for getting knowledge of native traditions.

He started attending powwows and meeting with Indians which lead to the New Mexico reservation trip in summer of 1990.

Next year Frank has plans to go to South Dakota to the Rosebud Sioux Reservation.

Doris Leader Charge, the linguist adviser for the movie *Dances with Wolves*, offers a program to bring people there.

Frank has seen *Dances with Wolves* five times. He is amazed how the people don't want to leave the theater after viewing the film. They stay for the credits and allow themselves to feel.

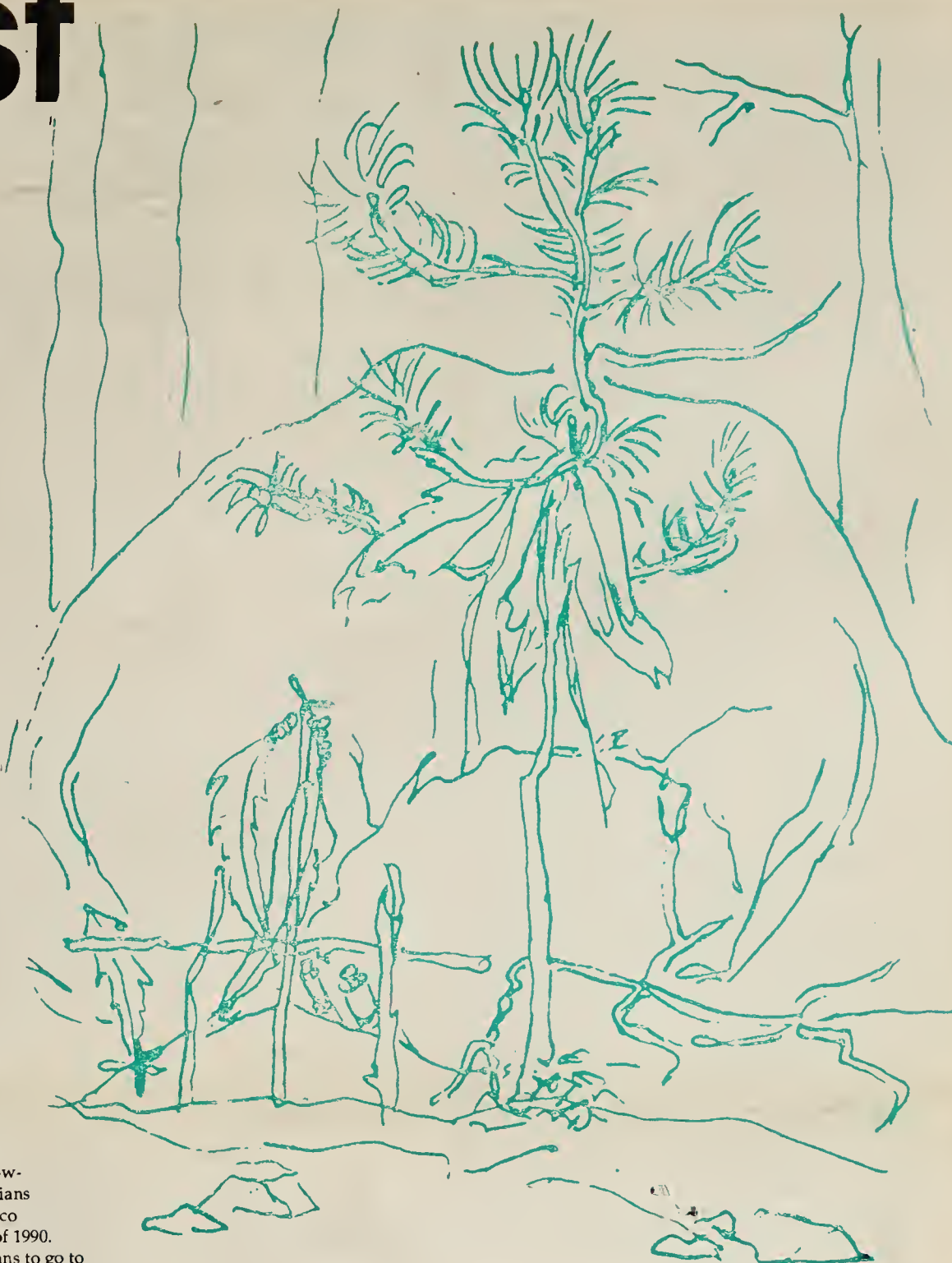
In the summer of 1992, native people from

northern Alaska to the southern tip of South America are going to have a marathon run to commemorate the 500 year invasion of the continents, Frank said with somewhat of a smile.

Yellowbank said that the reason is partly

for the objective, particularly for the white world, to express that the Indian people are still here.

see Frank, pg. 12



CHUSKA SWEAT LODGE

Navajo tribe of New Mexico for a cultural richness, and civilizations intertwined.

"They were as excited about meeting us as we were about meeting them," Witsaman said. "It was a big cultural exchange."

They



prepared sweat lodges where they hold their religious ceremonies for the people to share inner feelings.

Witsaman said that it is usually the men who go into the sweat lodges, but white women and white men were welcomed.

Witsaman has developed ceramic pottery depicting Pueblo pottery called a "kiva" from reading about the Anasazi Indian culture in the Chaco Canyon.

There were 50 towns and cities of Anasazi Indians in New Mexico from 900 to 1100 AD, then it disappeared. No one knows why. They developed irrigation systems, and it was recently discovered that these cities were connected by straight roads.

A kiva is a structure placed in the ground where the Hopi hold their religious ceremonies.

Even though the Navajo lived side by side with the Hopi, they spoke different languages.

The Navajos came from Alaska and became shepherds, and the Hopi migrated from South America to be farmers. They had two different cultures and beliefs.

Leroy Deale, the medicine man for this clan also called "hosteen", revered one, witnessed his parents killed by BIA (Bureau of Indian Affairs) when he was a boy in the early 1900's. He then went up on the mesa to herd sheep and lived in caves.

Witsaman said that he did not think much of white people. This was hard for him at first.

Leroy took the class to the top of this mesa where he lived. Not everyone could go because there were narrow passages to squeeze through.

On top, which was a mile across, lived the Anasazi Indians 1000 years ago.

As they climbed the mesa and when Witsaman turned a corner, she saw a fossilized star fish in the rock.

Virginia told her that this was all ocean at one time. She proceeded to tell Witsaman the Indian story of Noah.

The Navajo believe that everyone comes from the center of "mother" earth. After the people came up out of the earth, God laid the rules down. The people broke the rules and had to go back into the earth with the ant

people.

One of these three times, there was a great flood.

Now they believe this is the fourth and last chance.

"We are destroying the earth. Here we are again; this time with pollutants. This is their concern," Witsaman said.

"They know this is all going to be happening. They have a different sense of time than we do. They knew that they were going to share their secrets, and they feel the time is now."

Virginia and Witsaman did most of the cooking and cooked over an open fire.

They cooked over an open fire. When they cooked leg of lamb, they pushed the coals aside and dug a big hole. They spiced it with garlic, wrapped the lamb in foil and placed it in the ground for four hours with potatoes and carrots with the coals on top.

see Witsaman, pg. 12

Frank, from pg. 11

So they will strive to make their mark to tell the world that they were not exterminated.

Yellowbank also expressed the feeling that maybe if the Indian people were not warring with each other at that time, and if they were more in tune to appreciating the diversity of their own cultures and to work collaboratively, possibly what happened wouldn't have happened.

"Our culture has been destroyed. There is nothing to save. It's gone. We are trying to resurrect," Yellowbank said.

Frank said that he continues to be amazed at how whole and relaxed he feels when he spends time around native people.

They hold secrets, and they are willing to share. The white world has become willing to listen because of the crisis of pollution and deforestation.

"My covert mission is to create a revolution thinking in a way of looking at how we are to live our lives, to try to encourage us to be more introspective and more reflective and to pay more attention to our feelings," Frank said.

Yellowbank sees treaties as the hope of the future. Treaties, article six, section two of the U.S. Constitution, the law of the land, are

the words of our ancestors.

Yellowbank said that when white men start honoring those words, therein lies the hope of the land and that it is time for America to discover America.

Frank said that the Indian people are placing a lot of their hope for the future on the legal systems and treaty rights.

Since Frank found his own vision quest very helpful, he now heads a "vision quest" class. He uses the sweat lodge for a personal retreat and for the purpose of finding one's identity.

The Indians also used it as a rite of passage to escort the young people into adulthood.

They entered a sweat lodge to purify their minds and bodies and spirits. It is a cleansing. They go into a sweat lodge to speak from the heart. They might be thankful, ask help for something, or it can be to share a great experience.

It is pitch black, and it is hot. A person can be in their alone or with another person.

"They refer to the earth as mother earth, so it is like crawling into a womb," Frank said.

What it does for people is that it jars loose a lot of memories.

The class will be flown in on a bush plane, 300 miles north of Toronto in Canada to Langskib Island, a 16 acre island, from

Sept. 8 to 17, 1991 costing \$700.

Part of going home after this renewing experience is the reason for leaving.

Frank stays in contact with the people when they return. He considers this part important to help them incorporate what they have learned into their lives.

"I am still around for people when they come back. It is an important role for counseling and teaching in people's lives. It is my way of integrating it into the work I do here," Frank said.

Everything is done for the people in the Indian culture. After having a vision quest that person comes back to the village and shares the vision or dream with the people.

"They have managed to give honor and respect to the individual and bring something back for everyone," Frank said.

Frank said that a number of people that he has taken have come back to start therapy.

One individual for the hour that that person were in the sweat lodge could not stop crying. It was like a dam burst.

Frank said that the metaphor of sweating out the physical toxins stands true.

"I am here to tell you that mind, body, and spiritual become one in there. People have described it as a life changing experience. I humbly say, 'Yes, it is,'" Frank said.

Witsaman from, pg. 11

"It was the best I had ever eaten, and I cook lamb a lot," Witsaman said

They made their own fry bread every morning. The dough was prepared at night then in the morning formed by patting it between the hands back and forth.

Witsaman said that it was very time consuming gathering wood and water, starting the fire and heating the water.

"It would take a half a day to cook, but there was just one big meal a day. It is a wonderful existence," Witsaman said.

She said drew sketches (of which a few are included) and wrote two short stories of her experiences.

Moreno told Witsaman that if she would market the trip, they would like to have the experience again. So she did just that.

Moreno would like to establish a wellness center and have this go on all the time on a continual basis.

This year a lot of artists will be coming together from both cultures to share their talents.

They will make pottery, and the Indian people will show how to fire the pieces outside.

Virginia will show how she does the weaving which she does outside.

A sand painter and water colorist will also show their artistry. An actor may also

share his creativity.

"This year they wanted us to bring children," Witsaman said.

Her daughter and grandchildren from California will join her and her husband for the week. Children between the ages of 6-14 are free. Eighteen adults and seven children will experience a time of enriching activity.

An Indian family with four children will also join in the adventure.

Witsaman said that she thought that she knew what the Indian man would be like.

"I was completely wrong," she said.

Her perception was that they would be chauvinist with a lot of bravado.

"They were the most gentle people that I could imagine, Witsaman said.

Frank said that he doesn't do too many vision quests because they are powerful. This Sept. will be the fifth one. He co-leads with another counselor taking as many as fifteen people on the trip.

There is a ceremony called the "give away" where the native people literally give away all their possessions.

The person of status in their culture is the poorest person. The chiefs were always the poorest people; they would always share of their bounty such as food or horses which is exactly opposite of our culture.

In New Mexico last year at the last Indian Spring adventure, everyone experienced a give away.

"We brought our token gifts. I brought College of DuPage tee-shirts to give to the Navaho people that worked with us last year," Frank said.

He said that on the last day a couple of them had them on and it felt really good that there is a part of him still down there.

I am interested in contributing what I can to the world by creating harmony through educational knowledge, appreciation and respect. I'm interested in developing mutual respect in the world. These are my underlying purposes," Frank said.

Two Indian men in particular Richard Ironcloud and Ray Deale would come up after work to help lead the sweat lodges. Ironcloud, Lakota Sioux, is married to a Deale daughter and is a counselor for alcoholics.

Ray Deale, son to Virginia and Leroy Deale, is a kindergarten teacher.

Each of these men had long hair, which is a very significant symbol for the men that they treat their wife and families right.

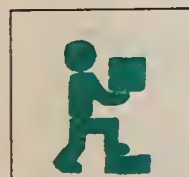
"Yet these men were in a modern world. You'd look at them like fierce people with long black hair, but they were wonderful. We have all these perceptions in our head. How little we know about each other," Witsaman said.



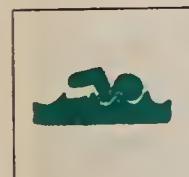
tennis



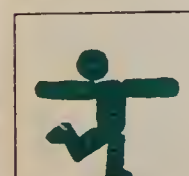
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ARTS & ENTERTAINMENT

Free 'Eclectic Picnic' to kick off summer

by Chris Sutter

Thanks to the success of the past two events, the Eclectic Picnic III is set for yet another year of free fun, food and musical entertainment on Saturday, June 29 from noon to 9 p.m.

The day-long event is being celebrated by 90.9 FM WDCB, Public Radio from College of DuPage and The Arts Center. The picnic will also be simulcast live on 90.9 FM and the College of DuPage Television Services Channel 57 in Glen Ellyn and Wheaton.

"The picnic is a thank you gift from 90.9 FM WDCB and The CD Arts Center for the patrons of the community and station listeners," said Ken Scott, Marketing Director of 90.9 FM WDCB, Public Radio.

The entire picnic will showcase a large number of different musical talents. Taking the stage will be the College of DuPage Jazz Ensemble, featuring Tom Tallman and Mark Colby at noon; Reel to Reel, featuring Irish fiddler Liz Carroll at 1:15 p.m.; The Judy Roberts Quartet at 2:30 p.m.; Clarence "Gatemouth" Brown at 4:15 p.m.; No Strings Attached at 6 p.m.; and from the world famous WSM Grand Ole Opry, The Father of Bluegrass, Bill Monroe and his Bluegrass Boys at 7:45 p.m.

"The Eclectic Picnic celebrates music as an art form by presenting many of the music types WDCB offers," Ken Scott said.

Other planned activities for the picnic include an antique car display and a number of face painters. The Bethlehem Center Food Depository will be taking food contributions of non-perishable food and non-consumable items (napkins, disposable diapers, toothpaste, etc.)

The Eclectic Picnic has attracted more and more participants year after year. This year is expected to be the best with the highest number of people joining in on the fun to date. So bring your blankets, lawn chairs, and the entire family and join in on what should be the event of the year.

For more information on Eclectic Picnic III, call Ken Scott at 858-5196.



From the world famous WSM Grand Ole Opry, the Eclectic Picnic III welcomes The Father of Bluegrass, Bill Monroe and his Bluegrass Boys.



Showing off his tremendous gift for music, The Eclectic Picnic III is proud to showcase Clarence "Gatemouth" Brown, who will be among other renowned musical greats performing.

Museums are cure for summertime blues

by Chris Sutter

When the first signs of summer hit Chicago, the first place that comes to mind is hitting the many beaches and getting that long-needed sun you've been waiting all winter to get. Summer for others is also a time for adventure and discovery.

This summer there's even more to discover at Chicago's three world famous lakefront attractions. People can visit the Field Museum of Natural History, The Adler Planetarium, and the John G. Shedd Aquarium in a single day by taking one of the mini-tours offered by the three museums.

Each year the three museums offer new and exciting attractions guaranteed to knock your socks off.

In the John G. Shedd Aquarium/Oceanarium, on-lookers will find a breathtaking re-creation of a rugged Pacific Northwest coastline. This major exhibit area has 400 feet of nature trails flanked by sloping rockwork, flowing streams and forest vegetation.

"The Aquarium's magnificent new 170,000 square foot Oceanarium allows people to see whales, dolphins, seals and otters in a Pacific Northwest environment and penguins in their own Falkland Islands habitat," said Betsy Raymond, Director of the John G. Shedd Aquarium.

Just a short walk away from the Shedd Aquarium, visitors can take-off to the moon or orbit the Earth at The Adler Planetarium. Their new "Stairway to the Stars" is Chicago's longest and most

unusual escalator, a 77-foot long attraction of special sight and sound effects that carries all watching through a field of stars and into the Sky Theater. With this, the famous Sky Show re-creates the night sky, the planets of our solar system, and distant stars and galaxies with uncanny accuracy.

"The new attractions we have set up here allow the public to ride straight to the heavens, then travel millions of light years to get a close-up view of a black hole in space," said Sondra Thorson, director of The Adler Planetarium.

Other attractions from the Planetarium includes one of the world's most powerful new telescopes; the "Space Transporters", in which visitors "beam up" to the surface of the moon, the sun, Mars and Jupiter; a four billion year-old moon rock, and meteorites which actually fell to Earth from the planet Mars.

Back here on Earth, people can become explorers and learn the origin of their home planet at the Field Museum of Natural History. Field explorers can travel to and unlock the secrets of the Pacific Islands, including the island's ceremonial and ritual life in "Pacific Spirits: Life, Death & the Supernatural", where rhythmic drumming leads the visitors past memorial carvings, ancient weapons, and beautiful masks.

In "Inside Ancient Egypt", the adventurous types can explore the life-size tomb of an Egyptian pharaoh's son and descend down a deep burial shaft to the darkened burial chamber below.

After seeing Egyptian rites, rituals, and ancient mummies, people can experience life along the Nile River and discover a 4,000 year old Pharaoh's boat.

But no matter what you plan to do this summer, the fascinating and utterly breathtaking experiences from the John G. Shedd Aquarium, The Adler Planetarium, and the Field Museum of Natural History should be a high priority on your summertime list.

The Field Museum is open daily from 9 a.m. to 5 p.m. \$3 for adults; \$2 for children 2-17, students with I.D., and senior citizens; \$10 maximum for families. Thursdays free to all. It is located at Roosevelt Road and Lakeshore Drive in Chicago. For information, call (312) 922-9410.

The Adler Planetarium is open daily from 9:30 a.m. to 4:30 p.m., Friday until 9 p.m. Admission to building is always free. Sky show is \$3 adults; \$1.50 for children 6-17; free to senior citizens with I.D. Children under 6 admitted only to Children's Sky Shows. The Planetarium is located at 1300 South Lake Shore Drive. For information, call (312) 322-0300.

The Shedd Aquarium is open daily 9 a.m. to 6 p.m. Tickets now on sale at all Ticketmaster Outlets. Cash only at Carson Pirie Scott, Rose Records, Bergners, and select West Coast Video locations. It is recommended to purchase tickets in advance to avoid anticipated heavy crowds. The Shedd Aquarium is located at 1200 South Lake Shore Drive. For information, call (312) 939-2426.



The smiling beluga whale appears during a show in the Shedd Aquarium's new Oceanarium.

Laugh Factory brings wackiness to Aurora

by Chris Sutter and Lou Zicarelli

By popular demand, the world renowned Laugh Factory of Hollywood, the home of the *Comic Strip Live* television show, has made a new home in the Fox Valley Mall shopping center in Aurora.

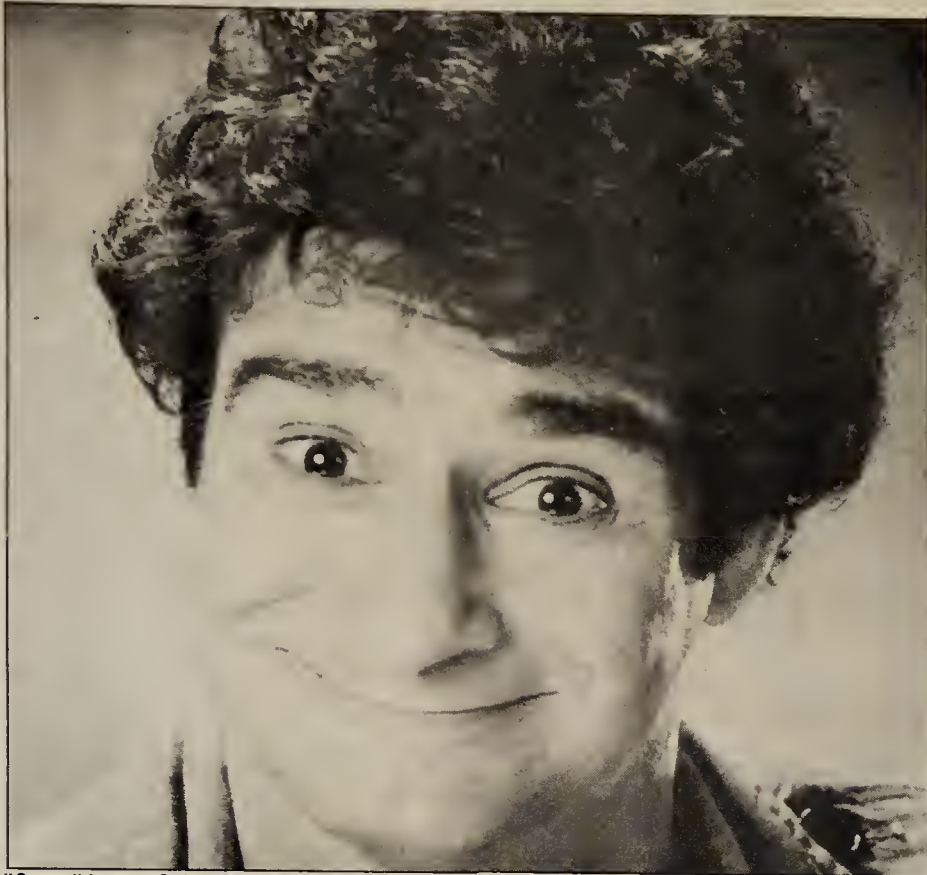
Considered America's premier comedy club, which last year celebrated its 10th year as a landmark club on Hollywood's Sunset Strip, will bring loads of laughter to comedy hungry residents of the Fox Valley and surrounding area communities six nights a week, Tuesdays through Sundays.

"We're bringing Hollywood to Aurora," said Jamie Masada, founder and owner of the comedy club where mega-stars like Eddie Murphy, Rodney Dangerfield, Roseanne Barr, and George Carlin make frequent appearances. "The Laugh Factory reaches nine million homes each week via our *Comic Strip Live* television show on Saturday nights."

"Now instead of watching the Laugh Factory on television or travelling all the way to Hollywood, the people of Aurora and Naperville and the surrounding communities can see and laugh with our comedians live and in person," Masada said.

To kick-off a summer of non-stop comedy, the Laugh Factory is presenting an all-star comedy knock-out guaranteed to have people rolling in the aisles.

"Crazy" Lenny Schultz (with Chance Langton and Steve White) will start things off from June 4-9. Schultz has appeared in many places, including HBO's *One Night Stand*, *The Cosby Show*, *Late Night With David Letterman*, and *The Tonight Show*; Bobby Gaylor and Monty Hoffman from June 11-16; Reggie McFadden (with Harry Basil) from June 18-23; George Miller (who will appear on *David Letterman* June 25), Carol Montgomery and Larry Bezar from June 26-30.



"Crazy" Lenny Schultz, appearing with Chance Langton and Steve White from June 4-9, is among the many comics appearing at the Laugh Factory.

Tuesday nights the Laugh Factory features local talent auditions for Fox Network's *Comic Strip Live* television show.

On Saturdays only, the Laugh Factory presents a local "Comedy Jam" performance for ages 17 and up, featuring the same top-name comedians booked throughout the week, using the same no-holds-barred dialogue used in regular performances.

"Comedy Jam" will feature non-alcoholic beverages served to 17-to-20 year-olds during club performances. This special Saturday show starts at 6:30 p.m.

This is the first time the Laugh Factory has expanded outside of its Hollywood confines. It's the result of more than a year-long marketing survey by three Naperville businessmen.

"We've thought that this area needed something to brighten up the night life for a long time," said Steve Wiercioch, owner

of Marc Builders and one of the three owners of the Aurora Laugh Factory. "We looked at all the comedy clubs ourselves and surveyed local residents about which clubs they enjoyed. In almost every case, the Laugh Factory and *Comic Strip Live* came out on top."

"Then we went out to Hollywood and met Jamie Masada. Once we met him, heard his ideas and his first-class attitude toward all aspects of the Laugh Factory's operation, we knew that this was the comedy club we wanted for Aurora."

Talent for the stages will have had national television exposure and appeared on programs such as *The Tonight Show*, *The Arsenio Hall Show*, *Late Night with David Letterman* as, as well as *Comic Strip Live*.

For club owner Jamie Masada, the Laugh Factory became a reality of what was once considered an American dream. A native of Israel, Masada came to America 15 years ago penniless and jobless.

Within five years, Masada built a reputation for himself as a stand-up comedian and, with the money he made doing his performances, he purchased a small store front club on Sunset Strip once used by Groucho Marx. In the past decade, Masada has transformed the Laugh Factory from a small, 60-seat facility into what Fortune Magazine calls "the No. 1 comedy club in the nation."

The Laugh Factory is located at 4395 Fox Valley Center Drive at the southeast corner of the Fox Valley Mall in Aurora. Showtimes are 8 p.m. Tuesday through Thursday and Sunday; 8 and 10:30 p.m. Friday; and 6:30, 8:30 and 10:30 p.m. on Saturday. Tickets are priced at \$8 Tuesday through Thursday and Sunday, and \$10 on Friday and Saturday. There is a two-drink minimum, you must be 21 years old and parking is free. Specific and general admission reserved seating is available by calling the Laugh Factory box office at (708)978-2800.

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Synth at CD

by Gail Sonkin

CD's summer course on electronic music and the synthesizer offers to challenge the most creative imagination. This semi-private instructional program offers an opportunity to explore the combined components of music, hi-tech electronics and sound potential.

"The biggest myth is that electronic music is easy," said Robert Valentine, synthesizer instructor. "Actually it is very difficult blending musicianship, computer language, mixing, sequencing effects and electronic devices."

"A synthesizer player need not be a great musician," Valentine said. An electronics expert himself, Valentine admits that his electronic expertise surpasses his piano technique.

"It helps to have a good ear," Valentine said. Of course some keyboard and musical skills are required. A basic understanding of

computers and electronics is useful because a lot of the synthesizer is circuitry.

The college synthesizer and an electronic music lab is available for student use. However, it is helpful if students have their own equipment to facilitate more efficient practice.

The course utilizes the language of electronic music, MIDI, the acronym for Musical Instrument Digital Interface. MIDI enables multi-keyboards, drum machines, personal computers, sequencers and signal processing equipment to be connected together. The results can be extremely powerful for composing, recording or performing.

MIDI, an industry buzz word and "the standard", has opened the door to tremendous electronic possibilities paving the way for advancements. The incredible sound effects of *Star Wars*, *Close Encounters of the Third Kind*, TV theme songs, new age music and many commercials owe their debt

to MIDI.

For the accomplished electronic musician, MIDI has simplified the industry. For the novice the control panel can be overwhelming.

"There are a lot of buttons to push," admits Valentine. "You really need to understand the innards of the system, the bits, bites, Rams, etc. to understand the synthesizer."

The course begins with the basics: acoustics and electronics. Understanding the basic acoustical foundation of music and the pure study of sound helps the electronic musician create sound designs.

The imagination can run free. Sound can be controlled and manipulated. Lengthening sound waves creates an oscillation effect simulating slow motion. Shortened sound generates a rapid percussive distortion. The electronic zaps, rat-a-tat-tats or eerie outer worldly simulations have their origin in the electronic

genre and the operators mind.

Many performers choose to leave the button pushing to producers who handle the high-tech manipulations of sound and create a marketable product. Focusing on the music as well as the electronics can offer tremendous difficulties which some artists gladly place in the hands of the electronics expert. "Producers make the big bucks, but they are nowhere near as popular as the artist," Valentine said. "The producers role is one of anonymity."

The music industry offers the electronic music expert tremendous opportunities. Movie sound tracks, advertising jingles, live performances, radio and TV all have a market for the accomplished musician specializing in the electronic art.

"This course is enough to jump start an individual into the industry," Valentine said. For more information on the course, call ext. 2594.

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By Joyce Jillson

ARIES (March 21-April 19). You've got great travel weather on Monday and Tuesday. The new moon on Wednesday brings a chat with a friend about love, or with a lover about friendship. Stick close to home Thursday and Friday. Family matters are on your mind, including a past situation that you may have unfairly blamed on the family but which you now see in a more mature light. Friday is full of fun; try not to bowl your date over with your buoyant energy, especially a first date. Saturday is great if you go to bed early the night before. Sunday requires some manual labor.

TAURUS (April 20-May 20). Look for a job this week, inquire about residence rules and regulations if you're moving, and get all the formalities about money out of the way. If possible, don't agree to final arrangements regarding housing or employment until Wednesday. You can talk over roommate arrangements on Thursday; some of you talk over important subjects with your lover. On Friday family matters are in the picture (surely you're not just now buying Dad's gift?). Friday's a fine day for heading home. Sunday goes smoothly; the family approves of your companion, too.

GEMINI (May 21-June 21). Friendly shenanigans keep you in a good mood through Wednesday; the fact that you discover you have a very tough class schedule doesn't dampen your enthusiasm. Turn in work on Tuesday for the best chance at high praise. Take a few special moments to yourself Wednesday, and set some personal goals. Friday is the best social day; you can meet terrific new people or introduce yourself to professors. If you're taking tests this week, you'll shine! On Saturday evening you might suddenly remember a forgotten detail. The moon in your home sector on Sunday emphasizes Father's Day.

CANCER (June 22-July 22). The power aspects this week aid with studies and straightening out financial affairs. Past confusion might affect your present plans. On Wednesday evening the moon helps you make your point in an argument. Thursday has a strong romantic possibility. Be as thrifty as possible on Friday, though books are a must and there's some pressure to make a final decision on housing, whether it's what you want or not. Saturday is a good day for romance, but there may be schedule conflicts. Friendships flourish on Sunday. Get organized; use last term's experience to avoid mistakes this term.

LEO (July 23-Aug. 22). You're sure to be a hit this week - well, almost sure. Mars in your sign adds so much zest that you might turn off some subtle types; use those Venus vibes to charm others, and at least act interested in their concerns. The new moon Wednesday calls for joining something. It's a good sign if you get your grades on this day. A little bit of strain in a close relationship is to be expected. It won't get you down if you look at it as an adjustment that can lead to a deeper understanding. On Friday compete in a sport. Get some exercise on Saturday.

VIRGO (Aug. 23-Sept. 22). Take care of administrative details the first few days of the week. Talk to advisers, get signatures for special permission, etc. This will prepare you for the new moon on Wednesday, when you should definitely take time to set long-term goals. Don't let nagging self-doubt interfere; you have wonderful talents to offer the world and it's time to focus on them. You might run into an old friend Thursday while doing errands - a pleasant surprise. On Friday don't try to argue about a past matter with an "ex"; it will do no good. Dad warms your heart on Sunday.

LIBRA (Sept. 23-Oct. 23). Scholastic work is exhilarating and challenging. You're either being recommended for advanced studies or you're discovering a new interest you never knew you had. The social scene is very crowded, but you love it. The new moon on Wednesday is a chance for a new perspective on friendship. A little flirtation you're involved in may not sit well with the gang; you'll have to deal with peer pressure if you want to date this rebel. You're nursing a recent social disappointment, anyway, so you feel a bit rebellious. Friday is good for a party. Get home early on Saturday.

SCORPIO (Oct. 24-Nov. 21). Your efforts to win the scholarship race or qualify for a student loan pay off this week. On Tuesday pay back every loan you can. Tuesday is also a fine day for tests or handing in work. A secret affair is no longer secret. You might be unabashedly in love with someone a bit older, or perhaps a conservative Capricorn. Intimate promises can be exchanged on Wednesday. Contact teachers on Thursday and clear up questions about next term's schedule. You might encounter troubles with the establishment Friday; charm the pants off them.

SAGITTARIUS (Nov. 22-Dec. 21). You may have found true love with someone who shares your love of learning and world experience. The new moon creates a bond between you and a supportive companion. Study with a pal if you're still preparing for tests. On Tuesday you do beautifully on writing assignments. Come Friday, you might take off at last for that special summer sojourn. Or you might take the toughest test yet (and do just fine). You might not want to go home for Father's Day, but at least write Dad a special letter of appreciation; he'll love it.

CAPRICORN (Dec. 22-Jan. 19). Mercury continues to help you with organizing or preparing for exams. Through Wednesday, you spend time getting all your things together and cleaning your living quarters. You'll have a whole new lease on life by the new moon Wednesday. Make some health resolutions; devise a plan for taking better care of yourself next term. It's easier to stick to such resolutions if you start them now. A little money problem that pops up won't be hard to solve. You have financial protection, but develop a sense of fiscal responsibility, too.

AQUARIUS (Jan. 20-Feb. 18). Your creative juices flow with the Gemini moon Monday through Wednesday. The new moon early Wednesday morning has a special message for you regarding a relationship; it's not just a flirtation anymore, it's love. And you might as well face it, even if the object of your affection is likely to put you through the wringer. Go along with the plans of others if you want companionship this weekend. Or curl up with a good book and forget the rat race for a while. On Sunday, give Dad something sentimental that reminds him of the good old days.

PISCES (Feb. 19-March 20). You're a better student than you ever thought you could be, and your confidence is soaring. Your body feels the strain while the rest of you is celebrating, having scored your new personal scholastic best. Get plenty of sleep Monday and Tuesday. The new moon Wednesday is your chance to make amends with someone you've wronged, perhaps a family member; mail a letter of explanation. You meet every test - in and out of class - on Thursday. On Friday your student status is confirmed, perhaps by posted grades.

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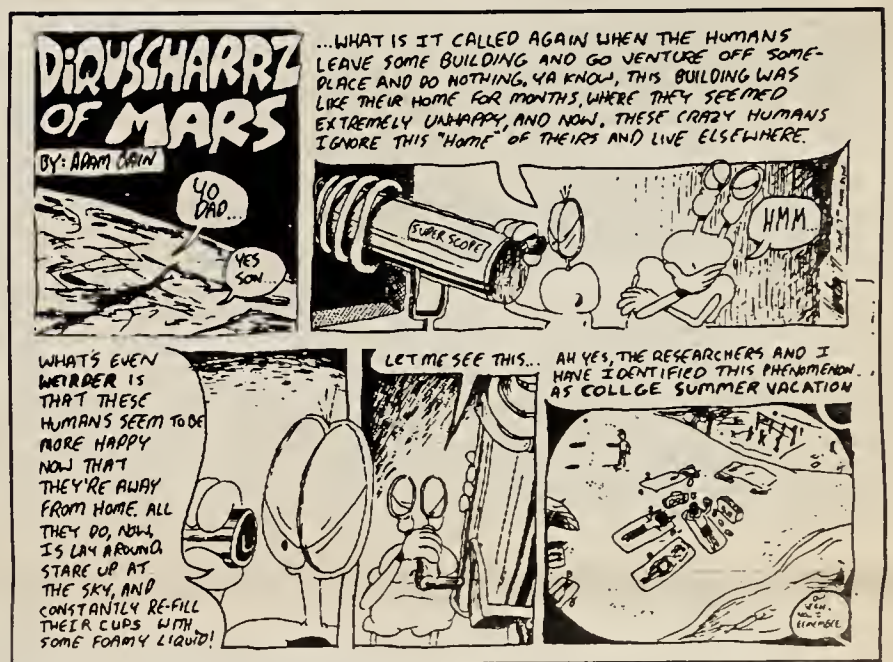
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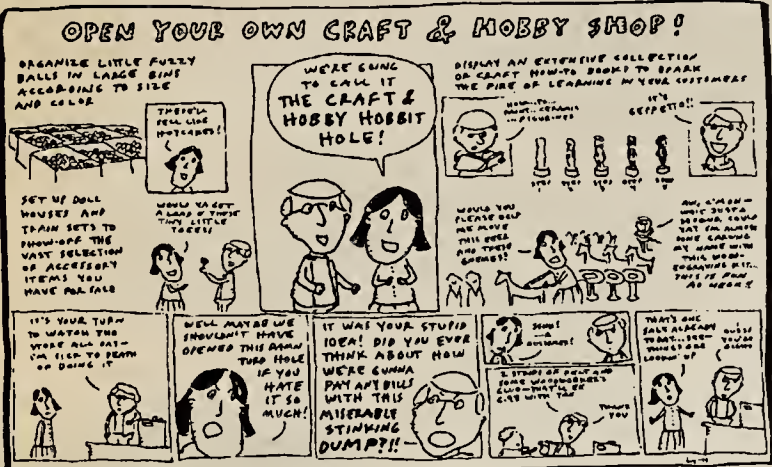


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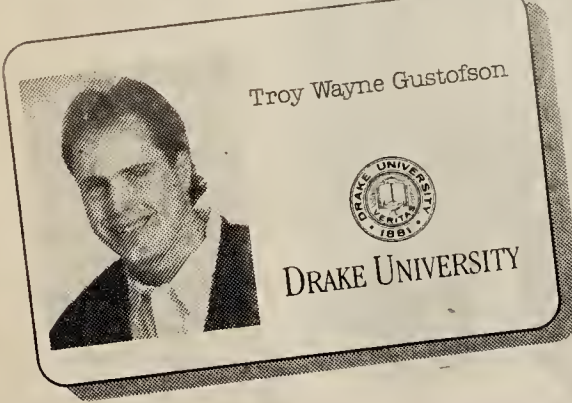
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Fall, from pg. 20

Stepanek was named to the first team and sophomore Charise Weichenhain and freshman Jennifer Ripke were named honorable mentions.

Women's Tennis

After putting together 1989 season in which the CD women's tennis team had three players named All-Americans and placed second in the region championship, CD's largest hurdle this year was fielding a team.

Head Coach Dave Webster, who was named Coach of the Year for both the men's and women's teams in 1989, spent most of the early part of the year having to forfeit matches which greatly effected his team's progress.

Eventually, Webster did fill out his squad which came on at the end of the season to capture fourth in both the conference and the regional tournament.

Cross Country

Although only returning one sophomore from last year's team, Kyle Kirchoff, Head Cross Country Coach Mike Considine led his squad to their unprecedented 10th consecutive Region IV title. CD earned the flag at the Region IV Championship in Sugar Grove, Il. as they beat out Waubensee and Oakton who tied for second.

Winter, from pg. 20

Konpka for most of the season, who averaged 18.3 points per game last year and was named first team All-Conference.

Near the end of the season, CD got close to having their regular team together and put together a three game win streak before being eliminated in the first round of the regionals by Highland College, 88-67.

Hockey

Returning a record low three players from last year's squad, which took CD's third NJCAA Championship in 11 years, Head Coach Herb Salberg knew his young team would have to do a great deal of maturing in 1990. To aid his players growth, Salberg compiled a schedule which pitted CD against some of the top competition in the country, which may have been a large factor in the team's 10-17-1 regular season record.

Also hindering the team were injuries to two of CD's three sophomores. Both Todd Kolb and All-American Charlie Olschanski were on day to day status for much of the year.

Based on last year's national title, CD earned a trip to the national tournament at which a 7-6 overtime loss to North Country College (NY) placed them third in the four team field.

Swimming

From beginning to end, CD's men's and women's swim teams dominated over every team that was stacked against them. Winning the conference, region and state titles in both women's and men's divisions, Head Coach Al Zamsky picked up Coach of the Year honors for both divisions.

The women's team was led by sophomore Jennifer Hejnicky who set two Region IV records and was named Most Valuable Swimmer at the state meet. As a team, CD blew out their nearest opponent by a score

of 493 to 316. In the nationals, the team, once again paced by Hejnicky who reset three of her school records, took fourth out of a field of 14 teams.

On the men's side, the production wasn't as prodigious but the squad still managed to take the state by a score of 501 to 302 and send four men to the nationals who earned CD a seventh place finish.

Indoor Track

For the tenth consecutive season, CD's men's indoor track team took the crown in Region IV. CD nearly doubled their nearest competitor, Oakton College, by a score of 128-65.

Ron Westphal led CD in the meet as he took first in the 50 and 55 meter dashes.

Although CD hadn't had a women's indoor track team all winter, Head Coach LuAnn Zimmick threw together a team of women who had figured to be on the outdoor track team in the summer and ended up winning the region. Tracy Ooms nearly won the meet single handily as she took home four individual first place ribbons and was on two relay teams that also captured their events.

Spring, from pg. 20

CD to compete in the NJCAA Nationals in Tyler, TX.

Hampered by injuries and shoddy play, CD ended the season with only one player making past the first round in the nationals.

Outdoor Track

With both teams coming off of impressive indoor seasons, both the men's and women's outdoor track teams posted

outstanding seasons which culminated in the men taking first in the region and the women placing third at the Region IV Championship.

The meet also qualified five men and five women for the NJCAA Nationals in Odessa, TX. Unfortunately, both teams had trouble.

Two the three pole vaulters to make the trip, All-Americans John Schlanlaber and John Schlenker had good vaults but both missed the cut for the semi-finals. Bob Shea, who is also a All-American, had a rare rough day as he fouled out in the discus and failed to qualify in the shot put.

The women's squad, who only competed in two events in the meet, posted personal bests in both of their events but fell just

short of qualifying.
Golf

Although originally qualifying for the nationals back in October, CD's golf team will fill in the last page of CD's 1990-91 sports almanac this month.

Under the leadership of second year Head Coach Eric Hauenstein, who also heads the women's basketball team, the team captured their second consecutive Region IV Championship thanks to a strong nucleus of young players who matured at the right time. Sophomore John Kantarski was the team leader as he led the Chaps in scoring in 10 of their 12 meets during the regular season.

The national tournament will be held later this month in Midland, TX.

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The year in CD sports

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photo by E. Altman Terry

CD's football team celebrates after clinching their second consecutive Region IV Championship.

by James T. Rendulich

Football

Coming off a 1989 season that saw the Chapgridders capture both the N4C and Region IV flags, Head Football Coach Bob MacDougall and his staff had a large challenge facing them in 1990 and were without several of their key performers including record setting quarterback Curt Miller.

After leading off the season with two decisive wins over Rock Valley and Triton by scores of 34-0 and 14-0 respectively, CD fell to Harper 17-15 at home and spent the remainder of the season trailing them.

Finally, after posting a 7-2 regular season record, CD got chance to pass Harper in the N4C title game and made the most of their opportunity as they beat Harper at home 17-13.

The win earned CD a chance to play in the Midwest Bowl against Grand Rapids Junior College to whom CD had lost their only other game to during the season. Unlike Harper, the second game against Grand Rapids was no better than the first for CD as they lost 20-7 and ended their season with a 9-3 record.

Soccer

Led by All-American sophomore Chris Byrne, CD's soccer team came into 1990 hoping to push their 1989 accomplishments a

step farther. The 1989 season ended with the Chaps losing in the final 30 seconds of double overtime in the Midwest District Playoffs.

After getting off to a shaky start in 1990, CD rebounded and posted an impressive 10-4 seasonal record, which earned them a birth in the N4C play-offs and gave them a chance to take their second consecutive conference title.

CD met the challenge as they blew out McHenry County 10-0 in the first round and beat Lake County 2-0 in the final for the region flag.

Unfortunately, in the Midwest District playoffs, CD fared no better than the year before as they only gave up one second half goal to Schoolcraft College from Michigan but fell 1-0 and ended their season with a 14-5 record.

Volleyball

Returning only three players from a 1989 team that posted a 19-26-3 record, Head Volleyball Coach LuAnn Zimmick and her squad got off to bad start this year that only got worse as they posted a 12-24 seasonal record which placed them last in the N4C.

Despite the less than spectacular record, CD placed three players on the All-Conference team as sophomore Monica

see Fall, pg. 19

Men's Basketball

Despite assembling a season in which the men's basketball team won 26 games against only six losses, came in second in the N4C and won three games in the regional playoffs, Head Coach Don Klaas felt that his team fell short of their potential.

Led by Clyde Hopkins, who led the Chaps in scoring, was named All-Conference and All-Region and came in second in voting for All-American, CD coasted through the regular season with a 25-4 record before falling to underdog Triton at home in the final regular season game of the year. The loss cost CD their third consecutive region title.

CD continued to struggle in the playoffs and forged two wins against Elgin and Rock Valley before losing to Olive Harvey in the Region IV semi-finals.

Women's basketball

Injuries and a lack of depth turned what looked to be a strong season for CD's women's basketball team, into a long and laborious season that saw the Lady Chaps win seven games against 20 losses.

In addition to suffering injuries to half of his players on an already small squad, Head Coach Eric Hauenstein was without Kori

see Winter, pg. 19

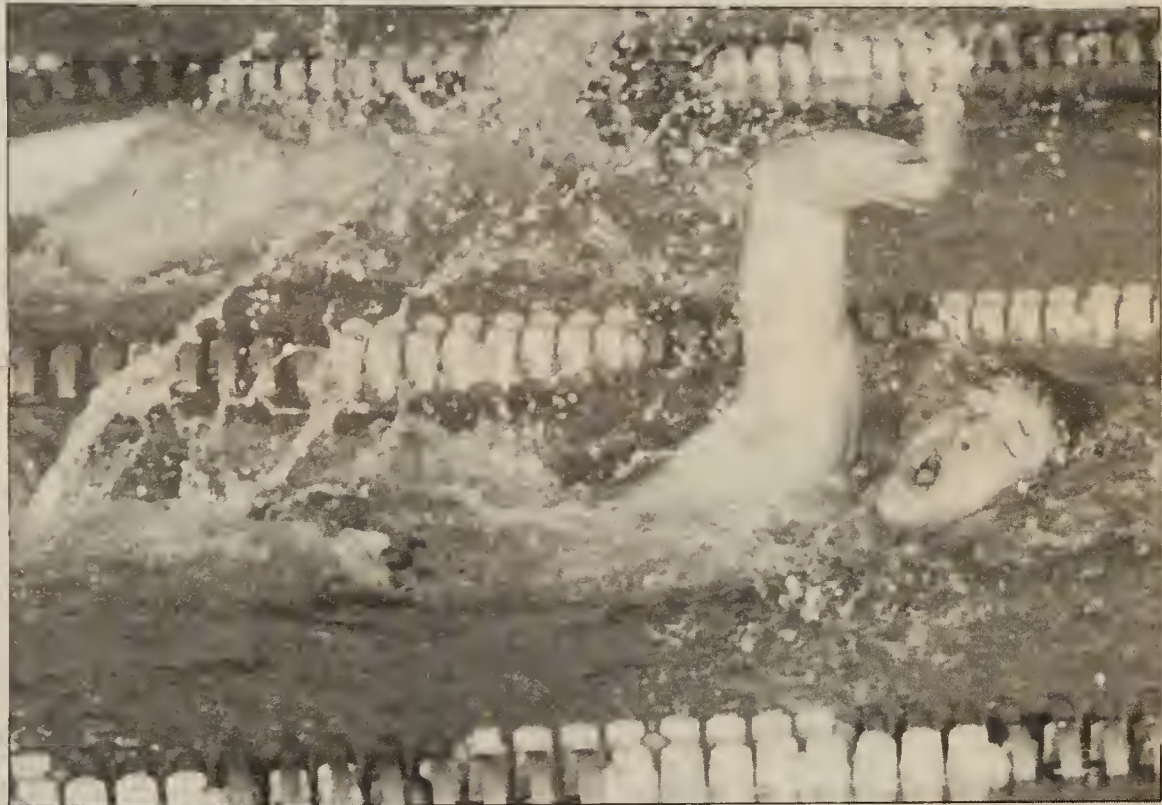


photo by Emma Anzalone

Head Swimming Coach Al Zamsky's swim teams dominated for yet another year as they took the conference, Region IV and state titles. Zamsky was named regional Coach of the Year for both men and women's divisions.

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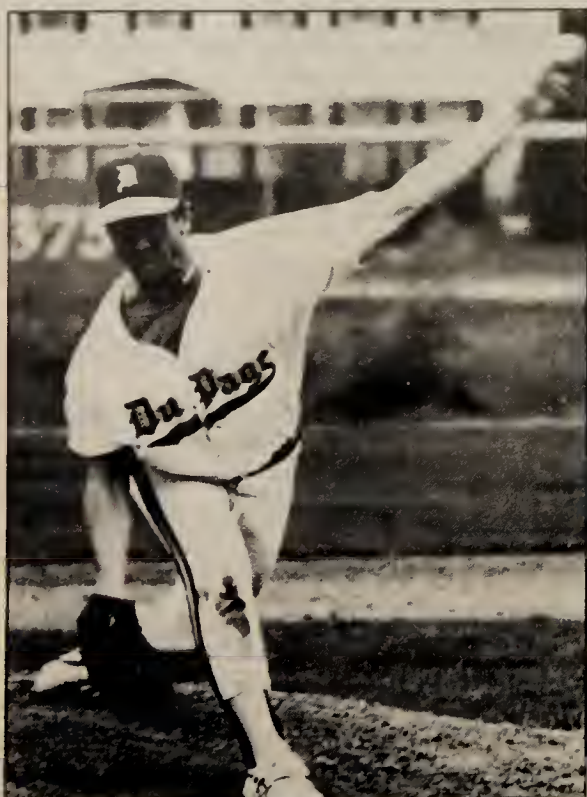


photo by Emma Anzalone

Sophomore Dave Kalal anchored a pitching staff that brought CD its second straight Section III title.

Women's Softball

Head Coach Sevan Sarkisian and his squad added several more pages to CD's women's softball record book this year as they dominated wire to wire and compiled a 44-4 record.

CD was led offensively by Evett Rammon who batted .470 and set the school record for most RBIs in a season (64) and most in a career (105). From the mound, sophomore Kelly Siler posted a 20-1 record, which makes her the only pitcher in CD history to amass 20 wins in a single season.

As a team, the Lady Chaps took their third consecutive conference title, second consecutive region title and went to the nationals for the second consecutive year.

Unfortunately, CD's bats, which carried the team all year, went to sleep in the nationals and CD lost their first two games 9-3 and 2-0 to Johnson County College, KS, and Lake Michigan College of Benton Harbor respectively and were eliminated.

Baseball

Coming off a 1990 season in which CD's baseball team went 40-17, captured the N4C and Section III tournament and set five school records, Head Coach Steve Kranz was shooting to come close to last year's accomplishments with this year's squad.

Unfortunately, Kranz's team got off to a rough start as they dropped 10 of their first 12 games during a spring trip to Arizona. After returning

from the trip, the team took some time to get on track but by mid-season were in top form.

Going into a final series of the year against Triton, CD had won 13 of their last 18, gone 9-3 in inter-conference games, and needed a sweep to retain their conference title. Unfortunately, CD split the two game set and came one win shy of retaining the title.

The Chaps rebounded from the loss and went on to capture their section in a three game sweep over Truman, Waubensee, and Kishwaukee. The wins earned CD a birth in the Region IV Tournament which CD hosted.

Although CD picked up a win in the first round against Kishwaukee, they self-destructed in the next two games, committed 13 errors and ended their season.

Men's Tennis

Despite ending the regular season with a 17-2 record, in order for CD's men's tennis team to clinch their conference they still needed to win the N4C Championship, which they did. This year marks the ninth consecutive year that CD has taken the conference which, this year earned them a trip to Rockford to defend their Region IV title.

Although CD placed five players in the single finals and one team in the doubles final, CD was edged out by Rock Valley and had to settle for second place. The second place finish still allowed

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