

Fall 12-1-2014

The Unthinkable

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Recommended Citation

Forslin-Bojnansky, Karen F. (2014) "The Unthinkable," *The Prairie Light Review*: Vol. 37: No. 1, Article 67.
Available at: <http://dc.cod.edu/plr/vol37/iss1/67>

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THE UNTHINKABLE

That night
I awoke suddenly
feeling a stranger
pressed against me

Helpless trapped
my inner warrior screamed “fight hard”
risk death or should I just lie quiet
I prayed silently but pleaded repeatedly for it to end

Silent screams dry tears
push down then fasten
tourniquet tightens
first from fear then guilt

Don't dare tell
blame rests on me
haunts my mind
intrudes each day

I appear the same
my sullen lifeless eyes
the only evidence
of my premature death

Hidden pain and shame
won't wash off
forced penetration
tattooed on me forever

How do I live now
filled with rage
isolated degraded
mired in self loathing

Each moment
I clasp and claw
in my ascent from the trauma
and unrelenting nightmares

To grasp and accept
that night my rape
with unconditional love and forgiveness
the chrysalis of my rebirth