### The Courier

Volume 29 | Issue 13

Article 1

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### The Courier, Volume 29, Issue 13, February 9, 1996

The Courier, College of DuPage

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# College of DuPage Student Publication Volume 29 Issue 13 February 9, 1996

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ARTS: King Arthur's Court visits the Arts Center. See page 13.



SPORTS:
Fitness Lab
draws students
into exercise.
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Michelle Malek, newly appointed student body President, puts up a new set of presidential postings. For the story behind her appointment, see page 4.

# Affirmative Action Plan update shows minorities underrepresented

by Laura Ingraham News Editor

The Human Resource
Office and the Affirmative
Action Committee have
updated the Affirmative
Action Plan and found that
minorities are
underrepresented at COD.

"Minorities are underepresented in our workforce in certain areas," Howard Owens, director Human Services, said. "Faculty probably is one of the areas were they are less represented."

Part of the reason minorities are underepresented may be a demographical issue. Figures that represent the availability of minorities in the workforce are compared to the COD workforce when viewing the minority hiring results.

"In the higher education workforce you have some institutions that are in metropolitan areas that will have very large compositions of minorities," Owens explained. "There are not enough minorities in rural areas to offset that."

After the applications for a position are received by Human Resources they do a tabulation to make sure that there is adequate minority representation in the pool of applicants. If there are not enough they would readvertise and try to build up the number of minorities in the pool.

"The reason we try to remind ourselves that we need to be aware of the kinds of things that might cause us to even unconsciously be prejudice from the standpoint of, so we have to kind of remind ourselves." Owens said.

According to Owens, if the choice was between a equally qualified caucasian and a minority the minority would get the job.

"We have encouraged people if they're equally qualified then choose the minority," Owens said.

minority," Owens said.
One of the recruitment
goals is to hire 38 Blacks, 28
Hispanics and 42 other
Minorities as part-time
faculty. "To recruit them as
part-time faculty is
difficult." Owens said.

There has been a shift in DuPage County and many household workers have started their own businesses. Employment at one time did not come from DuPage County and now it does, so looking at

demographics, it appears that there are many females service maintenance workers in DuPage County.

This results in females being underepresented at COD in the full-time service maintenance field.

"That has been a recent phenomenon," Owens said. "It used to be we weren't underepresented for females in any but maybe one category. Skilled craft used to be the only area in which female were underepresented."

Dr. Richard Furlow, Social and Behavioral Sciences Dean, believes that in his division.

"We have a commitment to hire minorities I think it's very important for students especially in DuPage County because there is very little exposure to people who are different," Furlow said.

"DuPage is changing, students are coming from South Asia, India and Pakistan," Furlow continued. "More international students and more people coming to live in DuPage County."

in DuPage County."

A full listing of available positions and qualifications is available through Human Resources.

# Sodexho backs out of food service contract

by Laura Ingraham News Editor

Sodexho USA has informed the COD Board of Trustees that it has decided to terminate the food service contract it has with the college.

Sodexho has determined it is not financially feasible to continue the relationship established through previous ownership and has provided 180 day written notification of cancellation in accordance with the terms of the contract.

"It's like a double edge sword for me," John Chiodo, the newly named general manager of dining services said. "I'm in my seventh day here and I was hired to be the new general manager. I was just told we were going to drop the contract."

Gardner Merchant was apparently losing money and Sodexho thought all contracts were in good standing and feasible. However, gross sales needed were not there.

"The only option we had was to get out of the contract, and then we announced the situation to the employees," Chiodo said. "Whenever it is a 'corporate decision' it is usually financial. It definitely was not service or quality."

The banquet rooms are used for community related events and Sodexho wanted to bring in outside sales. However, because COD is state funded it can not bring in outside sales.

"I find it a shame that the rooms are underutilized because the rooms are state of the art," Chiodo said.

The food service employees will continued to be covered on their new benefit package until termination of the contract and, after a grace period, the new food service provider will supply the package.

Chiodo was preparing to move to the suburbs and now his plans have been put on hold. Chiodo will remain a Sodexho employee but where he will work is unknown.

COD is in the process of negotiating the final conditions of termination with Sodexho and establishing a plan of transition to another company in order to provide uninterrupted food service.



Edited By Chris LaFortune

Black Student Union:
Formerly known as Black
Awareness Student
Association, this club
promotes and maintains
ethnic pride, unity,
academic support and
interest on behalf of
African/American culture.
For information, call Rollie
Steele at ext. 2033 or
Richard Simmons at ext.
3383.

International Students
Organization:
Provides International and
American students with
opportunities to socialize
and learn about crosscultural ties. For
information, contact Ravi
Shankar at ext. 3328 or
William Leppert at ext.
2549.

Scuba Club: Helps scuba divers keep active and well informed. For information, call Al Zamsky at ext. 2797 or ext. 2631.

A Model United Nations: If you want to become informed about different cultures and how to solve international problems in a hands-on manner-come join us! The group meets at 3 p.m. Thursdays, in IC 2084. For information, call ext. 2012.

Intervarsity Campus Christian Fellowship: An interdenominational Christian fellowship; focusing on Bible studies, invited speakers, service and outreach to the community; encourages friendship activities with international students on campus. For information, call Bill Pehrson at ext. 2479 or Kent Richter at ext. 2202.

Campus Advance:
This club is a nondenominational Christian
group committed to
making the Bible relatable
today. It meets every Thur.
at noon in SRC 1580 and at
night at 9:30 p.m. in the
cafeteria.

In-Line Skating Club: Assists in the education of in-line safety and technique; promotes fitness and incorporates other sports into in-line skating. For information, call Winfred Ollada at ext. 3741.

Cornerstones:

Bisexual, gay, lesbian and straight individuals join together for group discussion, better awareness of issues and group sponsorship of related educational programs. For more information, call Hal Temple at ext. 2662 or Mary Ann Krieglstein at ext. 2170.

Latino Ethnic Awareness Association:

Encourages awareness of the past, present and future of Hispanic culture and offers speakers, field trips and other programs. For information, call Leo Torres at ext. 3315 or Edith Jaco at ext. 3332.

Women's Coalition:
This club is for any student interested in sharing their experiences of being a woman in this society. It meets every Tues. at 2 p.m. in IC 2027. For further information call Diana Fitzwater at ext. 2078.

Helmet Heads:

Promotes the sport of bicycling, provides a forum for members to participate in planned trips, and educates students in the fundamentals of bicycling rules and maintenance. For information, call Misty Sheehan at ext. 3408 or Robert Sobie at ext. 2432.

Arts Alliance:
Commits to the growth of a local visual and performing arts scene and an accompanying community of artists and art lovers. For information, call Werner J.

Krieglstein at ext. 2170.

Native American Club: Fosters interests in North American tribal peoples through education and direct experience and provides a link for the college and community to information and activities. Call James Frank at ext. 2013 or Marilyn Johnson at ext. 2172. On Feb. 21 there will be a Lenten Prayer Service with distribution of ashes in SRC 1046 from 9 a.m. and 10 a.m. There will also be a brown bag discussion on

Newman Club:

brown bag discussion on the movie *Dead Man*Walking on Feb. 26 in SRC 1030 from 11:30-12:30 p.m.
For information, call Fred Rudolph at ext. 2543 or call 469-0472.

Japanese Culture Club:
Also known as "Project
Anime," the club is a new
addition to the campus.
Come on down and find
out what we are about.
Our meeting day is every
second and fourth
Thursday of every month at
2 p.m. in IC 2074. For more
information, call ext. 2019.

Sci-Fi/Fantasy Club: Provides a forum in which members can share and engage in a variety of activities and interests related to the worlds of science fiction and fantasy, including books, movies, television, comics, roleplaying games and other activities. For information, call James Allen at ext. 3421.

**BASIC:** 

Brothers and Sisters in Christ is a Christian Club that provides the opportunity to be involved in Bible studies, outreach projects and activities that help people grow in their spiritual lives. It meets Wednesday evenings. For information contact Dean Peterson at 858-2800 ext. 3036.

### In Brief.

FINANCIAL AID WORKSHOPS

Several free workshops will be offered for students and their parents who need financial aid information. Workshops will be held in February, March and April. For information call 942-2251.

PROGRAM REACCREDITED

The National Academy of Early Childhood Programs has reaccredited the Child Care and Development Demonstration Center. This is the third time the center has received accreditation.

MAJOR INSTITUTIONAL INITIATIVE FUND

On Feb. 8 at 11 a.m. and Feb. 9 at 1 p.m. a questionanswer session will be held in IC 3010 for individuals and groups planning to submit a proposal for institutional funds using the Major Institutional Initiative Fund Request. To preregister call 942-2148 by Feb. 7.

**BLOOD DRIVE** 

On Feb. 13, from 9 a.m. to 3 p.m. in SRC 1024, the Health and Special Services and the SGA will sponsor a blood drive. Donors must be in good health, aged between 17 and 65, and must weigh at least 110 lbs.

TRANSFER TELECONFERENCE

On Feb. 13 at 9 a.m. in OCC 106 a transfer student teleconference with Northern Illinois University. Students must sign up in IC 2010.

### ON-SITE TRANSCRIPT EVALUATION

REMEMBER TO BRING A COPY OF YOUR TRANSCRIPT!

SPACE IS LIMITED



### ELMHURST COLLEGE

Wednesday, February 21, 1996 9 a.m. - 11 a.m. IC 2014

Appointments will be taken

ON A FIRST-COME, FIRST-SERVED BASIS
in Counseling, Transfer and Advising Services,
IC 2010, 708/942-2259.

APPOINTMENTS SCHEDULED TWO WEEKS IN ADVANCE ONLY

Sponsored by College of DuPage Counseling, Transfer and Advising Services and the Minority Transfer Program.

For ADA accommodations telephone 788/942-2141 (wice) or 788/858-9692 (TDD) two weeks prior to the event.

-

### ON-SITE TRANSCRIPT EVALUATION

REMEMBER TO BRING A
COPY OF YOUR
TRANSCRIPT!

SPACE IS LIMITED

7



2005

### NORTH CENTRAL COLLEGE

Thursday, February 22, 1996 8:30 a.m. - 11:30 a.m. IC 2014

Appointments will be taken
ON A FIRST-COME, FIRST-SERVED BASIS
in Counseling, Transfer and Advising Services,
1C 2010, 708/942-2259.

APPOINTMENTS SCHEDULED TWO WEEKS IN ADVANCE ONLY

Sponsored by College of DuPage Counseling, Transfer and Advising Services and the Minority Transfer Program.

For ADA accommodations telephone 788/942-2141 (veice) or 768/858-9692 (TDD) two weeks prior to the event.

### **POLICE** BLOTTER



Edited By Chris LaFortune

Jan. 23

An officer was dispatched to AC 164 in response to a report of personal injury. The officer found the subject in a chair with his left hand raised. The middle finger of his left hand had been crushed and was bleeding. Apparently, the subject had been in the jewelery lab working with the 2 ton metal shear, when he caught his finger in the safety guard and crushed the tip. The subject had been unsupervised at the time of the accident.

Jan. 24

At 8:43 a.m., a report of damage to a vehicle arrived at the Department of Public Safety. The complaintant had arrived in Lot 13 at 6:30 a.m. with an undamaged windshield. He then returned at 8 a.m. to find his windshield cracked. The complaintant talked to Grounds

personnel, who said they had been using a sait spreader at that time. The damage consisted of a horizontal crack across the width of the windshield. The impact point was just above the passenger side wiper, and looked to be the size of a small pellet.

### Jan. 26

At 7:25 a.m., Public Safety was dispatched in reference to a suspicious package. The complaintant had arrived at work at 7 a.m. Checking his mail slot, he found a brown cardboard box addressed to him. When he did not recognize the return address, he became suspicious and contacted Public Safety. The bomb squad was then called in after the package was carefully inspected and the area was immediately barricaded with police tape to keep the public out. The bomb squad arrived at 8:12 a.m. and took over the cross. took over the area. After x-raying the package, it was determined that it contained a bottle of wine. the package was opened and the contents were handed to the officer from Public Safety, who then gave the contents to the complaintant.

### Jan. 27

At 10:11 a.m., a person who had fallen on ice earlier arrived at Public Safety to file a complaint. The complainant had arrived for class at about 8:30 a.m. and went to enter SRC North via the lounge area. She found that the doors were locked and then noticed a sign on the doors stating that the doors were locked due to high winds. As she started up the stairs, she slipped on a patch of ice, fell backwards, and struck her back on the ground below and then struck her neck.

## COLLEGE OF DUPAGE BOOKSTORE

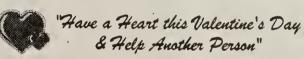
& YOU

The Bookstore will be collecting the following items February 12 - 16th and donating them to **DuPage P.A.D.S.:** 

- Men's Winter Hats
- Men's Winter Gloves
  - All Winter Coats
    - Winter Gloves
    - Paper Napkins Cleaning Supplies
      - Socks

Any donation is greatly appreciated! In exchange for your donation, the Bookstore will thank you with a

10% discount coupon to be used in the store! (Please bring any donations to the Customer Service Desk)





The "One and Only" COLLEGE OF DUPAGE BOOKSTORE Hours: Mon.-Thur 7:45am-7:00pm Fri 7:45am-3:30pm Sat 9:00am-2:00pm

\*\*\*\*

classifieds 708-942-2379

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scholarships help make your transition easier.

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# Cold weather drives smokers indoors

by Laura Ingraham **News Editor** 

here has been an increase in the amount of smokers in the halls of COD.

In June 1993, the COD Board of Trustees updated the Tobacco-Free Policy which prohibits the use of tobacco products in all indoor college facilities.

Now, since the weather dropped to sub-zero temperatures, there has been an increase of complaints of students lighting their cigarettes indoors or in the doorways.

No written citations have been issued as of yet, but public safety has been issuing warnings. The warnings go on the students permanent record and if there is a second violation a \$75 citation is issued.

"Many people are surprised that they can't stand halfway in the doorway to have a cigarette, but that is a violation of the COD Tobacco-Free Policy,' said Chief of Public Safety

Thomas Usry. Next week,signs will be displayed in and out of the building in the hopes they will cut down on confusion.

"I don't think people realize that somewhere



-photo by Nancy Cox

An unidentified smoker stands in a doorway to avoid the weather last week.

down the line someone will want to know about a student and they will see exactly what is on the students record, those citations will show up," said Usry.

With smokers and nonsmokers alike, the battle

'I don't think they should be coming in here smoking

because I hate smoke," nonsmoker Barb Grzywa said. "I can't breath around it, and they should just go outside to smoke.

"In the summer it's not bad, but in the winter it's not that good," student smoker Tony Scafidi said. "If you go out there for more than 60 seconds you can get frost bite and I don't want put on a snowsuit and a mask just to have a cigarette.'

Despite the cold weather, the college is not backing down on its policy.

We have officers available to just lap the hallways to see who has the door propped open," Usry said. "You just can't smoke in the building."

### Student body Executive Branch removed from office

by Chris LaFortune Editor in Chief

It was found by the constitutional review board that student body President Patrick Kelly and Vice-President James Saldana were in violation of SGA bylaws on enrollment last week.

Their removal results in Senate Chairperson Michelle Malek assuming the office of President.

Aimee Greening is the acting Senate Chairperson.

At first refusing to accept the board's power to remove him, Kelly stated in Tuesday's senate meeting that he could only be removed by impeachment or resignation.

A majority of the senate, however, ruled in favor of the board in a secret ballot, and both began moving out of the office Tuesday

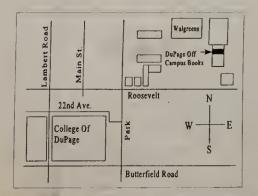
HAPPY VALENTINE'S DAY COD STUDENTS

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#### CAFE COUPON

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> **EXPIRES 2/29/96** 1 COUPON PER VISIT

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### **DINING SERVICE HOURS OF OPERATION:**

SRC - M-TH, 6:30 AM - 7 PM - FRI., 6:30 AM -2 PM ARTS CENTER - M-TH, 7:30 AM - 2 PM, - FRI., 7:30 AM - 1:30 PM COURTYARD - M-TH, 7:30 AM - 7 PM, - FRI., 7:30 AM - 2 PM SUBWAY - M-TH, 9:30 - 7 PM, - FRI., 9:30AM - 2 PM



JOIN OUR STAFF

STUDENT MAGAZINE, Chaparral +

THE CHAPARRAL NEEDS STUDENT WRITERS, ARTISTS, EDITORS, DESIGNERS AND PHOTOGRAPHERS +

THE **NEXT** 

PUBLISHED IN JUNE 1996 + THE

FEATURE MAGAZINE WRITTEN BY COLLEGE OF DUPAGE STUDENTS + CHAPARRAL

THE NEXT ISSUE WILL EXPLORE TRAVEL+ THE Deadline TO

EXCITING VENTURE IS SATURDAY, FEBRUARY 17TH

SRC 1560 COLLEGE OF DUPAGE. FACULTY ADVISER, CATHY STABLEIN, IN

708-942-2650, OR E-MAIL stablein @ cdnet.cod.edu + STAFF

110 **JOURNALISM** RECEIVE CREDIT FOR THE SPRING





# Abortion controversy continues

n response to the letter that was published in the January 26 edition of the Courier, I would like to refute the claims made by Sherry Crumbaugh about the so-called myths that the "Anti-Choice" movement is force feeding women.

First of all, none of the information she presented was backed by documented facts. Anyone can spit out a big name, such as the "U.S. Center for Disease Control." What about the actual facts documented and published by the American Medical Association.

This information is not presented in a biased way. It is not intended to sway anyone's decision making process. These are simply facts presented in order to provide a woman with every possible danger concerning this procedure. Anyonewilling to stand for women's rights ought to take the responsibility for seeing they have the safest way to make their choice.

Women do have the right to choose, and I am not trying to say that a prochoice point of view is wrong. My only concern is for the safety of the woman involved. She is scared enough as it is without having to worry that her whole life could be changed by this event.

If an athlete with aspirations of going pro was in need of back surgery, would you expect

him to believe that the procedure is safe and go along with the first opinion he receives, or would you encourage him to seek a professional opinion?

That is exactly the point I am hoping to achieve on this very sensitive issue of the danger of abortion. I hope that some pregnant 18-year-old didn't read that letter and take it for truth. Do yourself a favor and seek a professional opinion. Do not go to Planned Parenthood! They will encourage you to have an abortion. I know because I had to take one of my best friends there. Do your homework and talk to your doctor. Do it for yourself and not for a political movement.

Name withheld upon request

# Student responds to SGA

Mr. Kelly and Mr. Saldana have taken the time to respond to my letter from the January 19 Courier, however, they have apparently misapprehended its purpose.

It was never my intention to initiate a personal confrontation with Kelly and Saldana. I questioned the focus of their administration, highlighting contradictions that have arisen between their words and actions. I took information almost exclusively from their paid advertising, so they may blame themselves for whatever misinformation I received.

I sought not to insult their integrity, but rather to question the example they were setting as school leaders. In this country, citizens have not only the right to question the actions of our elected officials-they have the responsibility.

If I have, as Mr. Saldana stipulates, committed a "cardinal error in assuming that what is reported in the Courier is an accurate reflection of the truth," then so, too, has much of their constituency.

Most people have not the

time or desire to attend government sessions, so they take information second-hand, weighing into account inherent prejudices and subjectivity associated with the source. The majority of citizens voice opinions about the government not because they sit watching C-SPAN, but because they read about legislative debate in periodicals or see it on the TV news.

I have done nothing, as Saldana accuses, to "damage the credibility of all students by providing an uniformed point of view." I simply provided a voice for the portion of the student body dissatisfied with the representation they are receiving in the SGA, a portion which Saldana and Kelly have not yet heard or refuse to listen to.

You have been allowed the rare opportunity to genuinely make a difference. While you confrontational methods are questionable, many of your stated goals are admirable; I truly hope you are successful with them. Your proposed series of paid advertisements in the Courier is a step in the right direction. Please stop telling us about your "Revolution," and start showing us. Provide us the evidence of its existence, so that it becomes more to the students than a meaningless political sound-byte. I wish you the best of luck.

Adam C. Kotlarczyk

### Budget proposal explained

Why are we preparing a counterproposal for tuition and fees next year to the Board of Trustees? First of all, we are submitting two proposals to the Board: 1) Zero increase for zero services and 2) \$1 increase in tuition and fees. This is the only way the Board of

Trustees will give students a way to constructively voice their opinions.

What is the difference between a \$1 increase and a \$2 increase? The difference is \$740,000. Every time you increase tuition by \$1, it brings in that amount. We are trying to prove that an increase is not necessary.

Why are we, as students, taking action against this issue? We felt that if we did not take action, who will? This also gives us the opportunity to show you, the student body, what we

can do if we are elected President and Vice-President next year.

What can you, as students, do to assist us in this matter? We need all of you to be proactive. Stop by the SGA office and sign a petition or stop by the Boardroom on Feb. 14 at 6:30 p.m. to give us support.

support.
We hope all of you will stand with us on Feb. 14 and support us in this endeavor.

Michael S. Ruscitti Kathleen F. Orahood

COLLEGE LECTURE SERIES

# makes me wanna holler

# A Lecture by **Nathan McCall**

While in prison, Nathan McCall started pulling himself out of the maelstrom of frustration, crime, drugs and violence that engulfs so many young black men on the streets of America.

Now a reporter for *The Washington Post* and a best-selling author, McCall expresses through his own story the effects of racism, what goes on in the minds of kids who find it easy to pull the trigger, and the overhaul of values needed to save us from the storm.

Critics describe Makes Me Wanna Holler: A Young Black Man in America as "so honest, so well-written, so powerful that it will leave you shaken and educated." (USA Today)

McCall has no easy answers or solutions for the dehumanizing racism he sees as the antecedent of urban violence. But his firsthand knowledge of its effect, in both his lives, calls for deep examination and change.

For Americans With Disabilities Act accommodations, call (708) 942-2141 (voice) or (708) 858-9692 (TDD).

Tuesday, Feb. 27, 1996
7:30 p.m.
Arts Center, Mainstage
College of DuPage
22nd Street and Park Boulevard
Glen Ellyn, IL 60137-6599

Tickets: \$8 general/\$7 students/\$6 C.O.D. students Arts Center Ticket Office: (708) 942-4000

**(**College of DuPage

# Job Search Workshops

Gain an overview of all facets of the job search or fine tune one or more job search skills.

#### **WORKSHOP TOPICS INCLUDE:**

"Strategies For The Job Search" Feb. 7, 12-1:30 p.m., IC2003

"IDENTIFYING SKILLS, VALUES, ATTRIBUTES FOR MARKETABLE CAREERS" Feb. 6, 6:30 - 8 p.m., IC1037 or Feb. 14, 12-1:30 p.m., IC2003

"Building Networking Relationships" Feb. 28, 12-1:30 p.m., IC2003

"Effective Resume Writing" Feb. 20, 6:30 - 8 p.m., IC1037

"SELLING YOUR SKILLS IN THE INTERVIEW" March 5, 6:30 - 8 p.m., IC1037 or March 13, 12-1:30 p.m., IC2003

"Maintaining Job Success" March 19, 6:30 - 8 p.m., IC1037

Sponsored by the College of DuPage Cooperative Education & Career Services. For more information call 708-942-2230 or stop in SRC2044 between 8:30 and 5 p.m.

# Student Q

What was the best thing anyone ever did for you on Valentine's Day?



Mark Almaria, 21 Day I'd ever Bloomingdale

Ravi Kalani, 19

Bloomingdale

My girlfriend and I spent a romantic evening together last year. I'd say that was the best thing anybody did for me, it was the only Valentine's celebrated.



Nikki Gavrich, 18 Woodridge

I was sitting in class on Valentines day, and next thing I knew, someone stuck a flower under my nose, and the note on it said 'Love ya, Michelle.'

**PERSPECTIVE** 



Rob Palmer, 23 Glen Ellyn

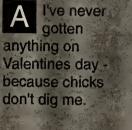
About three years ago at N.I.U.-my girlfriend sang to me in the echo chamber, and I read her a poem that I had written and she cried tears of happiness.

When I went

to get in my



car, someone had put flowers and candy in it-when my car was locked.









### **Editorial**

# Give 'em shelter

In the interest of the health of the entire student body, college administration restricted smoking throughout the buildings on-campus.

Smokers were not deterred at first by this, merely standing outside of the entrances of the buildings and smoking there.

However, as the cold weather months wear on, a few smokers have strayed back into the building and are once again smoking indoors.

In response to this, the college administration has reminded faculty that if they in fact find someone inside of the building smoking, they should direct them back outside.

Recently, sub-zero weather has hit the area, and it has been dangerous for anyone to venture out of

doors for too long.
College administration,
however, remains unwavering in policy, restricting any and all smoking inside all campus buildings.

We feel that such actions, while taking into account

those students that do not smoke, are a danger to those who wish to.

While smoking is an unhealthy and addictive habit, there is no reason to treat those who do smoke as lepers. No matter how the college tries to restrict smokers, they will always exist. No policy can stop that.

And so, in the interest of all students, we suggest that it is time the college took some real action in giving smokers a place to smoke. Forcing them outside is not the answer; no one deserves to be exposed to the weather conditions of the past few weeks.

Student government had attempted to find alternatives, such as smoking shelters, but has been busy with the tuition increase, a subject that deserves the utmost attention.

It is now time for someone else to pick up the baton. We feel that the administration should, if not allow students a lounge in which to smoke, at the very least allow them a shelter in which to be.

Merely walking in and out of the buildings are health hazards enough for students; the campus smoking policy has done little to prevent that.

Realizing this, it is time the administration did something for all students. Give the smokers some place to go, and the problems will be solved.

#### COURIER

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The Courier is published every Friday when classes are in session during the Fall, Winter, and Spring Quarters, except for the first Friday of each Quarter and finals week.

Views expressed in editorials represent the opinions of the majority of the Editorial Board, which is made up of all of the Courier editors.

The Courier encourages all students, faculty, staff, administrators, and community members to voice their opinions on all the topics concerning them both in and out of school. Writers can express their views in a letter to your turn here. Letters must not exceed 250 words in length. All correspondence must be typed, double spaced and sign with phone number, though names will be withheld from publication if requested. All letters are subject to editing for grammar, style, language, libel and length. Letters represent the views of their author.

Deliver all correspondence to SRC 1560, between regular office hours, or mail to the *Courier*, College of DuPage, 22nd Street and Lambert Road, Glen Ellyn, IL 60137.

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ARTS (ENTER! at COLLEGE OF DUPAGE

## **Mother India** International **Achievement** Award presented to faculty member

by Brenda Lewis Staff Writer

When you look at her, she thoroughly portrays the beauty of India, ancient and mystical.

When you listen to her speak, she captivates your soul and brings you into her world of compassion and understanding for the people of India and America.

Shuby Dewan, a member of the COD Political Science faculty, is both a motivational and inspirational woman who has made exceptional multi-cultural education contributions to thousands of

people throughout the community. Recently in New Dehli, India, Shuby Dewan was awarded 1995's Mother India International Achievement Award.

This award honors Indians who accomplish outstanding work for India and their residential countries.

"I felt very proud, not in the sense of personal pride, but I felt like a representative of those Indians who are living in America," said Dewan.

Dewan has produced many stage productions, lectures, and workshops, but she makes it clear that she does not want to be known for what she does, but for who she is as a person.

"I do what I do, because it's the right thing to do. If you take the attitude that someone else will do it,

then nobody will," said Dewan. Dewan has contributed to the community in more ways than one. She successfully put together a documentary series called "Visions

"My focus is not just Indians, but those who are not Indians as well, because you want to get the message out to those who don't know about it," said Dewan. She speaks proudly of her

husband Ohm, and her two daughters, Priya and Sheri.

According to Dewan, she is a wife and mother first, something she takes pride in.

"I treat my family as my first clients. Where I lack, my husband and family make up for me," said

Her story is one of great inspiration for anyone who is willing to listen.

"We can achieve our goals only by being nice human beings, caring, compassionate, and helping others," Dewan said. "The most phenomenal things occur in the most innocuous, simple ways, and that is exactly my story."



-photo by Mary Spehar

Karen Evans accepts a scholarship presented by Dick Coons andand David Hall on behalf of the National Kidney Foundation.

## Nursing student honored

by Carrie James Features Editor

or Karen Evans, a second year nursing student interested in working with patients who have kidney disease, the problem of having to pay for another year of tuition has just been alleviated.

The DuPage Chapter of the National Kidney Foundation of Illinois has just awarded Evans the Patti Hall Memorial Nursing

Scholarship.
Patti Hall, who had lived in Glen Ellyn with her husband David for ten years, was diagnosed with kidney failure over twenty years ago, and became very involved in

the DuPage Chapter.

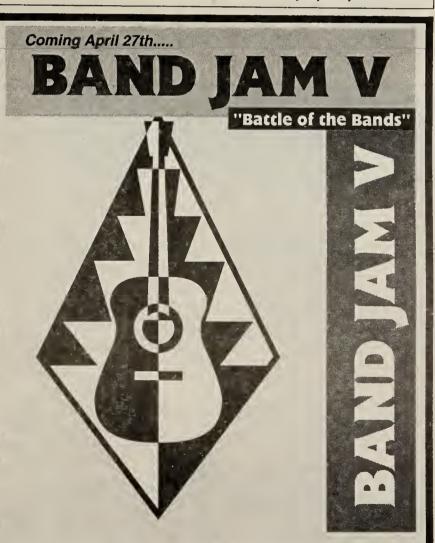
According to David Hall, Patti's husband, she was the president of the DuPage Chapter for a time and always remained actively involved.

"We got so many donations in Patti's name, we wanted to give a nursing student interested in dialysis and kidney problems the money," said Hall.

According to Dick Coons, a representative of the DuPage Chapter, the decision of who to award the scholarship to was a tough decision.

It was hard for us to choose, but we all felt confident that Karen was the right choice," Coons said. According to Evans, she was

honored to be chosen as the recipient of the award.



- DEADLINE FOR APPLICATION IS MARCH 1, 1996
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# Assistant professor revisits First Lady at reunion

by Carrie James Features Editor

ow would you like to be associated with someone famous?
Well, Ida Hagman, assistant professor here at COD, likes it just fine. She's had the honor of being associated with none other than the

First Lady.

According to Hagman, she went to high school with Hillary Rodham-Clinton, and while she wasn't a close friend, they were acquaintances.

When asked how she liked the First Lady when she was still a high school student, Hagman responded, "I liked her a lot. She was bright, admired, and liked by everyone I knew."

Back in high school, Hagman said that Rodham-Clinton had her feet on the ground, and was very outgoing and personable.

At her class reunion last summer, the President and First Lady were in attendance.

The reunion, which was held in Washington D.C. at a Commerce building, had a much better turn out than the years prior, because of the notoriety of the event being held in Washington D.C., and the presence

of the President and First Lady.

Approximately 900 classmates and their spouses were in attendance at the gala, at which both of the Clinton's gave speeches.

Her speech was more personal, relating to her high school classmates and friends, and his was more political.

According to Hagman, there was very tight security. Before the reunion, everyone had to get a security clearance in order to attend. Once the Clinton's arrived, no one was allowed in or out of the building, and the guards posted at the doors used sensitive metal detectors to scan everyone.

"There were secret service people everywhere, by the doors, on the balcony, at the side of the President and First Lady at all times," Hagman said.

The Clinton's were not allowed to mingle within the crowd because of it's size, instead being roped off in a special section, where they could reach across and shake hands and talk to former classmates.

Even at dinner, they had to be roped off in a special section, eating only with close friends.

The day after the gala, the entire reunion class was invited to a private tour at the White house, where they could bring their spouses and children. Even though the Clinton's didn't give the tour personally, they did make an appearance on the lawn before leaving for Camp David.

before leaving for Camp David.

When asked about the bad
publicity the First Lady has been
receiving lately, Hagman replied that
she thought Rodham-Clinton was a
very ethical person, and wanted to
know how many people could stand
up under the pressure of living
under a magnifying glass, the world
watching your every move.

"I liked Hillary, she never seemed

"I liked Hillary, she never seemed to be anything other than sincere," Hagman said. "I had a good time at the reunion, and I really enjoyed talking to her again."



Name\Title: Kathy Gunther\ Horticulture Student Aide

Major: Greenhouse

Management.

A Book You Would

**Recommend is:** Anything by Agatha Christie.

In Your Spare Time You Like to: Catch up on housework, family, and friends.

Your Most Memorable

Experience at COD: Coming back to school after many years, and wondering what I was doing here.

**A Fascinating Person You Would Like to Know is:** Bruce Springsteen, because I like his music.

If You Have Learned One Thing in Life it is: Never give up. Keep going after what you want. It's never too late.

A Goal You Would Like to Achieve: To get my degree. The Worst Advice You Were Ever Given: That Horticulture isn't a suitable profession for women.

Activities You're Involved at COD: I work in the greenhouse.

# glances

TAB COLLECTION
Ned Turner of Liberal Arts is
collecting the flip-up tabs of soft
drink cans; he takes them to the
Ronald McDonald House in
Chicago for the benefit of children
in area hospitals. If you would like
to add to Ned's collection, call him
at ext. 2003, or drop off your soda
can tabs at IC 3021 d.

WOMEN'S AWARD NOMINATIONS

The Women's History Month Committee is accepting nominations for the annual Adade Wheeler Award ceremony to be held Tuesday, March 19, in Arts Center Theatre 2. The nomination deadline is Friday, Feb. 23. For more details, call Diana at ext. 2078. CLOTHING DRIVE

The Fashion Merchandising and Design program is sponsoring a clothing drive for area families in need. Collection boxes are located near AC 250 and Student Activities, SRC 1758. For information, call Deborah at ext. 3094.

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# Parent/Student Co-Op an alternative to babysitters

by Carrie James **Features Editor** 

Ulder students, particularly students with children, face a dilemma that most younger college students don't. What do they do with their children while they're at class?

Luckily, COD has provided these parents with an answer.

The Student / Parent Co-Op offers students/parents the opportunity to attend classes, knowing their children are being well cared for.

The Co-Op program, which has been in existence since 1972, and was established by the student government, provides students who have children ages 3 to 5, affordable day care as well as well as peace of mind.

The Co-Op is staffed by professional child care workers, as well as by parents who are required to work one hour a week to help out, no matter how many hours their child spends there.

According to Karen Evans, a second year nursing student, and mother of three year old Kirsten, "You just can't beat it. Kirsten loves it here,

there's great supervision, and the staff is very imaginative and creative. I can't say enough good things about it.

Each parent pays a quarterly fee to help fund the program along with Student Activities.

The prices are reasonable, much lower than you would normally pay at a day care center within the community," Jan Novak, co-director with Mary Wombold, of the Student/ Parent Co-Op,

This quarter, the Co-Op is sponsoring a candy drive from Feb. 7 to 21 to help with the costs of running the center. The parents will be selling candy in and around the campus.

Debra Drewniak, a student with a three year old son, Dante, just started back to school, and was unprepared for the hardships that student/parents face.

"No one wanted to help me find a solution to who would watch Dante while I was in class," Drewniak said. "When I found out about the Co-Op, and learned they had an opening, I jumped at the chance.

The Co-Op takes about 50 to 55 children per quarter, and takes in new children

HEARTFELT ADS

Deer Tree,

dndness.

Grita

Paula.

MML

much to me

sweetheart. Love, Jason

La Luna ilghta tha

path of our lova.

Studmuffin

Kisa Klas

Hey Bugman,

Keep amiling.

Hava a great

Valantina's Day.

You are tha heat of

patience and

Who made my

dreama e reality. Love Always,

Thank you for your



-photo by Andy Beier

The children at the Co-Op participate in afternoon activities.

every quarter when there's an opening.

Two rooms, filled with blocks and books, child-size tables and chairs, and plenty of toys and plants, along with brightly decorated walls, creates an atmosphere of fun and learning for the kids.

The staff keeps a constant eye out for any trouble between the kids.

According to Novak, the kids usually get along well, but they still have to be watchful.

"The staff doesn't allow dissension between the children," Evans said. "They take the kids aside and talk to them about what they're

doing wrong."
Along with the toys and games, the children have a story hour and snack. The

and ever and ever

Cornerstones, Huga end Kisses

to a Wonderful Group of People.

Thanks for being

What could a boy

We've come a long

You blow my cape

Lova (Foraver)

Kalia Baby, You're my worldi

B. + O.C. too. Love

Batman

you all!!!

way (already)

Lova, Bill

Love, Billy Sin

my partner in (school) Crime. Mr. Bill

parents are required to provide a sack lunch.

"The Co-Op doesn't provide a lot of extras, but the price reflects it,' Drewniak said. "For the most part, the staff always try to help me out with whatever I need.

"They have wonderful equipment, fun games, and and it really benefits the kids. I love it," Evans said.







Miss you. Do you feel the same?

Love,

J. Demos.

been? Happy Valentine's Day

The apple girl

of my eye. Love Always, Mike

Rosy Lips,

Truly Yours.

My Love.

eternity.

Romedosi,

atars above.

I love you like tha

lova you now and

immaasurably for





Pooh Bear, Let'a play ball!

Love, Lizzy

Happy Valentine'a

Please be my special valentinali

The Cameraman

Chaparrais,

A-Train savs

Valentine's!'

A-Train

Gorgeoua,

Hey Babe,

Klases,

Kaila Baby,

you allil

You're my worldl B. + O.C. too. Love

Stud

Walting for you to

come back to me.

Come up and see

me aometima.





Happy Valentine's Day. From Ed,

Sexy, Oscar, Smokey, Rodrigo

Vishal, Camels... Be my valentine. Love, Noor

Prettiest woman

Adorable Derling

Akele hum Akele

Secret Admirer.

Salman Allnayeem

I am crazy about you sexy. Secret

Pigeon, My message to

you is I love you. Melush

I've known. I'll alwaya love you.



























Juliat





Katla

























BET





























## Reduced Co.'s abridged version of the Bible a success

By Vicki VandenBos Arts and Entertainment Editor

he Reduced Shakespeare Co. floured the audience last weekend with their shameless quickwitted humor in their two hour performance of the fast-paced comedy "The Bible: The Complete Word of God (Abridged)."

The three comedians, Matthew Croke, Reed Martin and Austin Tichenor started off the added afternoon performance with a brief introduction of what the abridgement would include. All three of them, one looking like Eve, stood there in what looked to be nothing but fig leaves.

After introducing

themselves and their show, they dove into a hilarious abridged interpretation of the Bible. The first act included the stories of the Old Testament and the second act covered the New Testament.

The show is full of fun with a hint of seriousness when the Bible's trueness comes through. But just when it starts to sink in they snap back with their clever, subtle and totally obvious jokes.

Their up-to-datedness about news issues in the political, entertainment and crime industries kept the kept the audience in the present while they spoke of the past. Their talents truly shone through as they worked together as a trio.

As two ex-clowns, Croke and Martin add a variety of talents to the show, such as balancing a ladder on a chin, flame-throwing and, with Tichenor involved, a small part of one scene done in slow motion. Tichenor brings intellectual wit to the show.

This trio is new to the RSC. The three have been working with each other for a short time because they were not part of the original cast. But they work together like old pros.

Their improvising techniques definitely came through in the Sunday afternoon performance.

A woman peeked into the theater in the middle of the



-photo courtesy of the COD Theater Department

Reed Martin (left), Matthew Croke (center) and Austin Tichenor (right) amazed the audience with their quick wit and well-rounded talent in 'The Bible.'

show and they quickly designed her situation into the show in a hilarious manner and made it seem like it was planned.

Sitting in the audience, one might have thought to bring an umbrella, as some of the audience did. Water guns were being squirted and fish crackers were being thrown.

Audience participation was a key element in their

rendition. Throughout the whole performance, Martin insisted that they had not covered Noah and the Ark completely. At the end, he finally got to tell the story sung to the tune of "Old MacDonald Had a Farm" with members of the audience making sounds of various animals on the ark.

"The Bible" is loaded with familiar tunes with adjusted lyrics to fit the

humor. The finale includes a scene about the Book of Revelations with a hilarious rendition of "That's Armageddon" sung to the melody of "That's Entertainment.'

The Reduced Shakespeare Company visits COD every other year, and their next abridgement is anticipated to be even funnier, if that is at all possible.



Student Activities Program
Board Presents....

"An Evening of Dementia" Friday, February 16 8:00 p.m. SRC2800 A Multimedia tour of the land of Dementia. All of the good Doctor's favorites augmented by rare film and video clips including Barnes and Barnes neo noire of Ticket Prices in Advance: \$5 Students, \$6 Facult Staff, Public Ticket Prices at Door:: \$6 Students, \$7 Faculty, Staff, Public Tickets available at Student Activities Box Office in SRC North. For more information call 708-942-2241. Hours: Mon. - Thurs., 8:30 a.m. to 7:00 p.m. Fri., 8:30 a.m. to 6:00 p.m.

For ADA accommodations telephone 708-942-2141 (Voice) or 708-858-9692 (TDD) two weeks prior to the

event.

# 'Camelot' to be staged by college theater students

By Vicki VandenBos Arts and Entertainment Editor

One of Broadway's legendary musicals, "Camelot," featuring King Arthur and his court in their enchanting world, will be staged in a student production in the Arts Center.

Alan Jay Lerner and Frederick Loewe wrote 'Camelot" based on T.H. White's novel, "The Once and Future King.'

They worked on and improved the musical through workshops for many months before it was first produced in New York in 1960. While on broadway, the characters of Arthur and Guenevere were played by Richard Barton, Richard Harris and Julie Andrews.

Lerner and Loewe filled the program with graceful songs fit for musical theater, including "I Wonder What the King Is Doing Tonight", "What Do the Simple Folk Do?, "If Ever I Should Leave You", and the title song itself "Camelot."

The story revolves around a small group of main characters

The maiden Guenevere

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arrives at Camelot to become Arthur's queen.

King Arthur inspires justice and order throughout his kingdom after learning the wisdom of peace from his mentor Merlyn.

Lancelot travels to England to become a member of Arthur's Round Table after receiving word in France of the King's tranquil realm.

Merlyn, King Arthur's mentor, knows the future as he lives from the future into the present and grows younger instead of aging.

Mordred, Arthur's illegitimate son, arrives at Camelot and attempts to dishonor the King in order to ascend the throne.

Morgan le Fey, Mordred's sorceress aunt, agrees to his evil scheming through persuasion.

The set created for this performance is a massive moving set with scene changes. There is also a large number of costumes and props.

Connie Canaday-Howard, an Assistant Professor at COD, is directing the musical. She said that there are 19 scenes in Camelot, 11 in the first act and nine in the second act. The musical is estimated to be two and a



-photo courtesy of COD Theater Department

King Arthur (Brian Hamman) and Guenevere (Siobhan Layden) will be featured in the college theater production of Camelot beginning Feb. 14.

7 Danada Square East

462-6900 Hours: Mon.-Sat. 11-9, Sun. noon-6

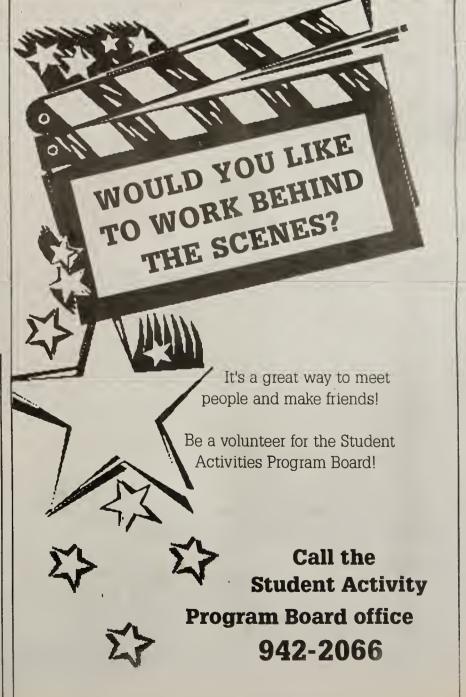
half hours long. There are approximately 42 college student actors in the musical. Brian Hamman plays King Arthur and Siobhan Layden plays Guenevere.

Performances will be held at 8 p.m. from Feb. 15 to 17; and at 7 p.m. on Feb. 18. Tickets cost \$10 and \$9. There will be a special preview performance at 8 p.m. on Feb. 14 with tickets priced at \$7.





BUTTERFIELD RD



### ARTS & PERFORMANCES

ARI

"Japanese Woodblock prints-The Ukiyo-e Tradition." The spirit of Edo Japan is depicted at its best in this exhibit of 18thand 19th-century prints. This exhibition was organized from the collections of the Dayton Art Institute. It will be displayed from Jan. 8 to Feb. 10 in the Gahlberg Gallery. For information, call 942-2321.

Cedric Chatterly, "Olive Branch." Photographs and text which chronicle the life of one young man, Mark, from age 19 to 25. In the documentary tradition, this eight-year project explores the heritage of poverty in an American family. This exhibit will be displayed from Feb. 15 to March 23 in the Gahlberg Gallery. For information, call 942-2321.

The COD Foundation will present a "Gala Art Exhibition and Auction" featuring paintings and prints, certified and custom framed, ranging in price from \$35 to \$1,000. This event will be held at 7 p.m. on Feb. 24 at 7 p.m. in the Student Resource Center, Room 2800. For more information, call 942-3738.

MUSIC

WDCB presents an Arts Center Jazz Ensemble with Chuck Hedges, Legendary Chicago clarinetist. The annual Salute to the Big Bands features a set dedicated to the great music of the '30s and '40s and a set built around the brilliant, swinging clarinet of one of the Chicago area's favorite horn men. This performance will be held at 8 p.m. on Feb. 23 in the Arts Center Mainstage. Tickets are \$15/13/10. For information, call 942-4000.

Christopher Parkening, one of the world's preeminent virtuosos of classical guitar, back by popular demand, will perform an evening of works by Isaac Albeniz, Diego de Torrijos, Carlo Domeniconi and many others at 7 p.n. on Feb. 25 in the Arts Center

Mainstage. Tickets cost \$24/\$23 for students and senior citizens. For information, call 942-4000.

#### SPECIAL EVENTS

P.S. 122 Field Trips,
Performance Art Showcase.
Dance, theater, stand-up
comedy, and performance art
all combined in one. A fastpaced, cabaret style from
Performance Space 122 blends
traditional performing media
with film and video to create an
evening of funny and
innovative works. This event
takes place at 8 p.m. on Feb. 24
in the Arts Center Mainstage.
Tickets cost \$18/\$17. For
information, call 942-4000.

Nathan McCall, author of the bestseller "Makes Me Wanna Holler," will speak about his transition from street gang member to Washington Post reporter, at 7:30 p.m. on Feb. 27 in the Arts Center Mainstage. Tickets cost \$8/\$7. For information, call 942-4000.

#### THEATED

"Under Milk Wood." Take a "sneak peek" into the dreams of the townspeople of the small fishing village Llareggub on the Welsh Coast in Dylan Thomas' poetic and spellbinding tale, directed by Craig Berger. These folks inspire humor, mystery and fantasy. The play is being held at 8 p.m. from Jan. 19 to Feb. 17 in the Studio Theatre. Tickets cost \$15/14.

"Hotel d'Amour:" An original musical. This remounting of the immensely popular 1993 BTE commissioned-musical adaptation of Feydeau's A Flea In Her Ear confirms that "life is sweet and so complete...at Hotel d'Amour." A preview will be shown at 8 p.m. on Feb. 1 with tickets costing \$10. The musical will be held at 8 p.m. from Feb. 2 to March 3 in the Arts Center Mainstage. The tickets cost \$15/14. For information, call 942-4000.

-edited by Vicki VandenBos

# Dr. Demento to perform his classics

By Vicki VandenBos Arts and Entertainment Editor

Dr. Demento, Barrett Hansen, the host of the former Dr. Demento radio show, in his own crazy, informative style will perform two of his classic acts at COD.

One of the acts the doctor will perform is "An Evening of Dementia," which is a multimedia tour of the land of Dementia. All his favorites are supplemented by rare film and video clips including the Barnes and Barnes video of "Fish Heads."

Another act that the doctor will perform is "Songs I Can't Play on the Radio" which is an underground recorded "erotica" of music and

amusement. Among the works in this piece is a World War II vintage Howard Cosell style "broadcast" of a championship competition which the contestants prepare for by eating beans.

The doctor has produced many hits off his own show, such as "Fish Heads", "Shaving Cream", the "Laughing Record", and "Purple People Eater". Two of the doctor's greatest discoveries include Tom Lehrer and "Weird Al" Yankovic.

The doctor has acquired quite a collection over the years of musical and video shorts, novelty and comedy cartoons through extensive research.

"As well as fun it's been educational," John Contreras, SAPB Publicity Coordinator said. According to his

According to his biography, the doctor has a masters degree in Folklore and Mythology.

and Mythology.
He is originally from
Minneapolis, Minn. He
studied Broadcasting at
Reed College in Portland,
Ore. His radio show
originated in Los Angeles
in 1971.

This performance will be held at 8 p.m. on Feb. 16 in SRC 2800. In advance, tickets cost \$5 for students; \$6 for faculty/staff/public. At the door, tickets cost \$6 for students and \$7 for faculty/staff/public.

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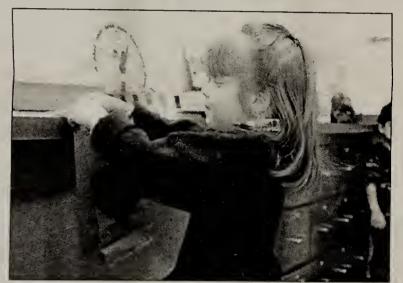
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Denise Kurtz Walden arranges some carnations in a vase in preparation for Valentine's Day. Kurtz is a floral designer from the Plant Shop, located in K Building.



Heather Fisher hangs up her valentine mailbox in the Co-Op room.

# Valentine's Day

*by Andy Beier* Photo Editor



While everyone else does their own thing, two students share a loving kiss in celebration of Valentine's Day at the College of DuPage

#### KING CROSSWORD

#### **ACROSS** 1 Letter after

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- 22 "Alley —" 24 Book after
- Acts
- 28 Stadium single 32 Radium
- discoverer
- 33 Cruising
- 34 Sticky stuff 36 Window
- ledge 37 Popular Halloween
- costume 39 Dough-knot?
- 41 Bound by rope 43 Subordinate
- Claus 44 Mount Holyoke
- founder Mary 46 Greek letter
- 50 Jai 53 Fast-forward
- past the ads 55 Crazy one

KRAZY KAT

56 Slave 57 Aussie bird

33

- 58 Appearance 59 Word between
- 12 Down and 7 Down
- 60 Bottom line 61 Peninsula State: abbr. DOWN
- 1 IOU
- 2 Sub sandwich 3 Somalian
- supermodel 4 Scull
- 5 Move about swiftly
- 6 Dredge 7 End of a

proverb

60

- 9 Do lawnwork
- 10 Org. for drivers?
- 12 Start of a proverb 19 La-la
- lead-in
- 21 Mythical flier 23 Glutton
- 25 SW U.S. map abbr.
- 26 Cleo's waterway
- 27 Broker's advice
- 28 Cry loudly 29 Largest of

- the seven
- 30 Collections 31 Pinnacle
- 35 Raw rock
- 38 Attention getter 40 Wapiti
- 42 Pair of sixes?
- 45 Designate
- 47 "It vanished!"
- 48 Combine 49 "Diana" singer 50 Foolish one
- 51 Author Buscaglia
- 52 Get ready
- for a fight 54 Deposit

#### NATASHA'S STARS

ARIES (March 21 to April 19) This week has you in line for some important social opportunities that dency to withdrawel into yourself could plague you around midweek. This could impair relations with a close partner. TAURUS (April 20 to May 20) A private talk early in the week relates to a financial opportunity you're considering taking advantage of. Home-based activities are particularly rewarding later in the week. However, a matter from work is still troubling

GEMINI (May 21 to June 20) Although long-range prospects look good now, there's an immediate money situation that could give you cause for concern early in the week. At work, talks with higher-ups are a plus. It seems they are finally able to see what you're saying. CANCER (June 21 to July 22) You begin the week in a chipper mood. Tact and diplomacy, though, must be utilized in your dealings with a close friend. Try to avoid being overly critical of this person's behavior. Accent what you have in common instead.

LEO (July 23 to August 22) You receive an invitation to visit friends who live far from you. Before accepting, be sure that you have everything taken care of satisfactorily, weekend, business and pleasure do not combine advantageously.

VIRGO (August 23 to September 22) A business hunch you have early in the week really serves you well. Later, a talk with a loved one is rewarding as you finally ascertain what's been bothering this person. Mixed trends could affect your financial picture. LIBRA (September 23 to

**ART TIPS** 

October 22) This week brings positive business and financial developments, but you could also have your hands full with a domestic concern. Dealings with children in particular can be very touchy now. This weekend, an appliance could break down.

SCORPIO (October 23 to November 21) Your intuition is strong now with your significant other. Early in the week, you have luck with a creative endeavor which has been evading you. A child has good news to share. This weekend, a travel plan is subject to change.

SAGITTARIUS (November 22 to December 21) You could be asked to assume a leadership role in connection with a group activity early in the week. Inspiration you receive now could be tomorrow's creative accomplishment. This weekend, it's best to stick close to home.

**CAPRICORN** (December 22 to January 19) Opportunities arise in business this week. Those working on a freelance basis could receive important assignments. Major shopping for the home is favored later in the week. A family matter is of some concern.

**AQUARIUS** (January 20 to February 18) Mix-ups are possible concerning news which arrives from a distance. Couples make happy plans together for a special romantic vacation. A problem could arise later in the week in connection with a friendship. PISCES (February 19 to March 20) Your judgement is right on the money this week regarding career interests. Keep the lines of communication open with a close partner.

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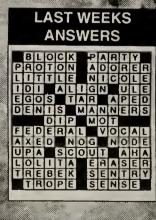
by: Neil Huffman Always remember to leave an art card or

business card with the art

buyer.





















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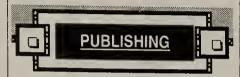
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### Chaparral Shorts

• Both the men's and the women's basketball teams had a successful Tuesday. The men's team downed IVCC 93-47. Rick Horstmann led the way with 17 points.

The women's team also held IVCC below 50 points, winning 54-40. Lindsay Feris matched Horstmann with 17 points.

•The men's tennis team begins practicing for its season on Feb. 26. Anyone interested in joining the team should contact coach Dave Webster in the Athletic Office or call ext. 2177 for information.

•The men's and women's track teams have their first meets Saturday against Chicagoland at the University of Chicago. The meet begins at 9 a.m. There is another meet on Tuesday against DePaul at Proviso West and the the teams stay home to host Elmhurst-Wheaton in a mini meet from 4-6 p.m. on Wednesday.

•The sports editor position on the *Courier* is currently open. Anyone interested in applying for sports editor should stop by SRC 1560 for an application or call ext. 2683 for information.

# This Week in Sports

| Sport                       | Friday            | Saturday                    | Sunday | Monday | Tuesday          | Wednesday | Thursday |
|-----------------------------|-------------------|-----------------------------|--------|--------|------------------|-----------|----------|
| Swimming                    | Lincoln<br>5 p.m. | Eureka<br>Invite<br>10 a.m. |        |        |                  |           |          |
| Basketball                  |                   | Joliet<br>5 p.m.            |        |        | TRITON<br>5 p.m. |           |          |
| Basketball<br>Home games in | CARC              | Joliet<br>7 p.m.            |        | y.     | TRITON<br>7 p.m. | du.       |          |

Recreational Times The following times are when the recreational facilities are open for general use.

Open Gym 12-1:15 p.m.

Open Racquetball 12-2 p.m.

Open Weight Room 12-2 p.m.

Open Lap Swim 12-1:30 p.m.

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## Fitness Lab a way to stay in shape while learning

by Becky Rockett Staff Writer

The Aerobic Fitness
Lab here at College of
DuPage in one of the
numerous one-credit classes
offered by the Physical
Education Department.

Those involved in the program, however, view the lab as more than a class; to them, it's a lifestyle.

The 660 people who participate go through an initial orientation, which familiarizes each person with the lab and checks the blood pressure and heart rate of the individual.

After that, participants are required to workout at least 20 times and attend one self-help workshop during the quarter.

during the quarter.

The workshops include such topics as evaluating stress in life, eating habits, healthy cooking and exercise.

"The goal is to have every person who attends a workshop to leave with at least one piece of information they didn't know before," Don Klaas, director of the Fitness Lab and men's basketball coach, said

Klaas has been the director of the program



-photo by Andy Beier

The Fitness Lab is the sight of exercise and education for students as well as athletes at COD.

since 1987 and said one goal is to have 500 enrolled in the program each quarter.

The range in age of those enrolled in the program is from 16 to 89 years old, and 60 percent are women.

Each staff member in the Fitness Lab has a degree in Physical Education and has also gone through the college's training.

"With the pace equipment, you can create

your own resistance through speed," Earl Reed, staff member at the lab and women's basketball coach, said. "They're great for anyone to use."

There are also Nordic Tracks, rowing machines, steppers, treadmills and stationary bikes available for use.

Also, there is a 20-minute circuit which many of the people enrolled choose to

follow. It includes 24 stations that alternate cardiovascular and strength training.

"Twenty minutes is sufficient, but I recommend anywhere from 30 to 45 minutes each visit to really work the heart," Reed said. Klaas explains that, in

Klaas explains that, in order to find out the individual's heart rate zone for burning the most fat, a fat percentage test is taken.

The test is offered to members for a small fee of five dollars.

The lab is open on Mondays and Wednesdays from 7 a.m. to 2 p.m. and again from 4 p.m. to 8 p.m. On Tuesdays, Thursdays and Fridays, the hours are 6 a.m. to 2 p.m. and 4 p.m. to 8 p.m.

Saturdays, people may also come between 8 a.m. and 12 p.m. to workout.

## Athlete of the Week

photos and interview by Andy Beier, Photo Editor



Rukiya Banks

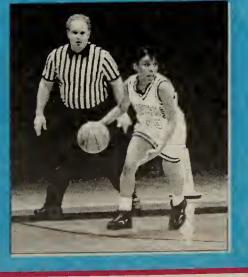
Name: Rukiya Banks
Sport: Basketball
Year: Sophomore
High School: Oak Park/River
Forest

Major: Education Athletic Achievements: Second Team All-Conference, Honorable Mention All-Region, and 1994-95

Best Defensive Player on the team.

Athlete I Most Admire: Anfernee Hardaway, point guard for the Orlando Magic, because he takes control of the game the way I would like to. He makes every basket and with out him there would be no leadership.

My Advice To Other
Student Athletes: To stay
in school and work hard,
because even though you
play sports, education will
get you farther in life.



# Lincoln center of attention for swim team during invite

by Chris LaFortune Editor in Chief

Coach Al Zamsky headed into Saturday's Triton College Trojan Invite centering in upon topping defending state champion Lincoln College.

While the women were able to overcome a tough Lincoln squad to finish second in the invite, the men's team fell short and finished fourth.

"We thought [the men's squad] could get Lincoln, but we missed them by three points," Zamsky said. "If we can beat them in state, then we can be, state champions."

The women's high finish had much to do with a particularly strong performance in the relays.

"We went to relay strength in the meet," Zamsky said. "Our relays really hung in there."

One of those relays, the 800 yard free, only missed qualifying for national competition by eight seconds.

"That was the first time for the 800 free relay," Zamsky said.
"We don't swim it normally in meets. It's one of those events we have to look at closely."

Unlike in high school competition, where competitors have only one meet to qualify for nationals, a swimmer can do so at any time during the season. Qualification is based on previously set national cut times.

"It's a lot better for our swimmers," Zamsky said. "They can make the time in any meet. We don't have to wait until a single meet and hope a kid feels good that day."

Although the men's team didn't have quite as strong a showing as the women did, Zamsky still felt that the squad had an excellent meet.

"I didn't think we had a bad swim in the group," Zamsky said. "I can't ask for much more."

Three swimmers in particular received high honors from Zamsky for swimming well on Saturday.

"I thought in the men's division that we had a tremendous performance from both the Jastrzab's [Ryan and Mark] and Dave Kinsella," Zamsky said. "Kinsella went faster than he did in the state finals in high school."

This is truly good news when the team's busy schedule is taken into consideration.

"We're swimming tired, so those times mean something," Zamsky said. "I think, given a break, these kids are going to [take state]."

The action doesn't slow up much this week, either. The team faces off against Lincoln Friday and then travels the next morning to compete in the Eureka Invitational.

Though he knows that he is pushing the team, Zamsky feels that it'll be able to handle it.

"There's a couple of them in the women's unit being pushed, but they're athletes, they have to expect to be pushed," Zamsky said. "Nationals is three days long. They have to know what it's like to swim tired."