Sing it Frank, Physical Therapy

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Sing it Frank, Physical Therapy

Sing it Frank
I'm busy at physical therapy
struggling with back spasms
looking out this window, these clouds
this rain, slice this thunder,
listening to your songs over again
on the Muzak for this 6th week in a row,
peddling this mechanical bike,
might as well be a mechanical bull
with a heat pad on my spinal cord.
I'm deep inside your larynx 10 minutes
3 times a week tickling it back and forth,
jousting and reviewing those playgrounds
of all your illicit affairs. With a few shots of vodka
peddling these wheels with intensified pressure
I can appreciate Lana Turner, Judy Garland,
Lauren Bacall, even Marilyn Monroe.
"This is my kind of town Chicago is,
my kind of town Chicago is."

Micheal Lee Johnson