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## Breaking the Shadow

Sarah Tasic  
*College of DuPage*

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## **BREAKING THE SHADOW**

...and we must remember  
That we are the beautiful ones.  
We look at those who are unique  
And lost  
And wish to be in their place,  
Just so we are not in ours.  
Full of life and envy  
Of what we want.  
And we look at them, saying how much  
We hate them, when, in reality,  
We really love them with our unconscious  
hearts.  
And we are the beautiful liars  
Who think we are not.  
Criticizing our own faults and others  
To make ourselves believe no one is real  
or perfect.  
Beautiful.  
And it is not until  
We realize what others have that makes  
them  
Special in our minds.  
And then we think  
Of what we have  
And just maybe start to believe  
That we are in fact  
The beautiful ones...

— *Sarah Tasic*