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My Therapist's Garbage Can Talks To Me

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Ronald Boettger

Would you please put your Kleenex right here?
I won't mind if it contains a tear.
I know it's filled with pain from the past.
Be assured that it never will last.

I'll care for it until it is gone
After you first start to talk to Dawn.
Now be true and face reality.
That's your first step toward normality.

Most people don't know what is needed.
By just being here you've succeeded.
Get rid of your trash and make things right.
I'll do my job in your time of plight.

Hurtful feelings need to be expressed
So bring to life what you have repressed.
I'll be right here in your time of need.
But you're the one who must take the lead.