Open Mouth - Insert Foot

Preston Bahr

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Open Mouth - Insert Foot

They stood in line,  
afraid to speak.  
One at a time,  
they each would seek.  
They hold their destiny,  
in each of their hands.  
To wrestle,  
and beat that other man.  
Out there alone,  
in front of a crowd,  
With all to bare,  
and nothing to shroud.  
Each would fight,  
like an enraged little rat.  
One on one,  
in the center mat.

-Preston Bahr

MIX - N - MATCH

If everyone is calling for a better life  
We must begin from the heart  
What we are taught when we are young  
Naturally will stay as we grow old

I was taught to hate  
Just as I was taught to love  
But I was allowed to accept people for who they are  
Not what they’re told they are

Different colors of skin  
Are like the paint on a pallet  
It’s when they are all mixed together  
That the painting becomes beautiful

-Kara Azzarello