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Hold the Nuts

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Hold The Nuts

Lately I have been eating
vast quantities:
York patties, Reese's buttercups,
BarNone and Hershey Symphonies.
At stoplights, the urge becomes irresistible.
I make U-turns in the middle
of one-way streets;
I can't pass a convenience store without
stopping for a bag of Oreos or Dove bar.
I used to be able to pass the candy counter
filled with will-power,
but now I stop and stare;
my moans are audible.
I can't work without snacking:
my desk is filled with Nestle Crunch,
Heath bars and M&M's.
I can't sleep without dreaming
about Fannie May or Dairy Queen.
I wake up humming candy jingles
and run sorties on the cookie jar.

My wife says she wants a divorce,
that I'd rather eat Mounds than have sex;
the neighbors shake their heads in disbelief;
their children keep away;
the checkers at the grocery store
want to know what I do
with all that Haagen Dazs
at four in the morning.
My doctor says I'm depressed,
that all I need is love and understanding;
my pastor says to pray to St. Jude
and do what Danny Thomas did with his money.
My dentist says to rinse and floss.

I wish someone would stop me
before I move to Pennsylvania. Hand me
a poisoned Hershey Kiss or Godiva; fix me
a cup of hemlock with Bosco; mix some
arsenic and a Toll House; hold the nuts.

By: Glen Brown

*"I don't want the cheese, I
just want to get out of the
trap."
- Latin American Proverb*

