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## Untitled

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# Hold The Nuts

Lately I have been eating  
vast quantities:  
York patties, Reese's buttercups,  
BarNone and Hershey Symphonies.  
At stoplights, the urge becomes irresistible.  
I make U-turns in the middle  
of one-way streets;  
I can't pass a convenience store without  
stopping for a bag of Oreos or Dove bar.  
I used to be able to pass the candy counter  
filled with will-power,  
but now I stop and stare;  
my moans are audible.  
I can't work without snacking:  
my desk is filled with Nestle Crunch,  
Heath bars and M&M's.  
I can't sleep without dreaming  
about Fannie May or Dairy Queen.  
I wake up humming candy jingles  
and run sorties on the cookie jar.

My wife says she wants a divorce,  
that I'd rather eat Mounds than have sex;  
the neighbors shake their heads in disbelief;  
their children keep away;  
the checkers at the grocery store  
want to know what I do  
with all that Haagen Dazs  
at four in the morning.  
My doctor says I'm depressed,  
that all I need is love and understanding;  
my pastor says to pray to St. Jude  
and do what Danny Thomas did with his money.  
My dentist says to rinse and floss.

I wish someone would stop me  
before I move to Pennsylvania. Hand me  
a poisoned Hershey Kiss or Godiva; fix me  
a cup of hemlock with Bosco; mix some  
arsenic and a Toll House; hold the nuts.

*By: Glen Brown*

*"I don't want the cheese, I  
just want to get out of the  
trap."  
- Latin American Proverb*

