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Internalized Bitch in the Kitchen

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Internalized Bitch in the Kitchen

Carlene Mogavero

and I would be unable to talk only to
scream through tears.
Emptying the cupboards onto the floor.
Hurling catsup bottles at benign walls.
Gnashing at the window.
Bleeding onto my apron.
Reaching blindly to the sun.

and after years of getting beat
in your car, on your bed, at the
grocery store in front of women
who turned their children away
I made it stop. I dug up the
black worst and spit it in your face.
I painted the bathroom walls. I
painted the walls. I
painted the sky.
I opened up the door, that gaping hole
and threw myself in.
I died to you.

And was born to me.