

Spring 5-1-2018

Slow Down

Heather Anderson
College of DuPage

Follow this and additional works at: <https://dc.cod.edu/plr>

Recommended Citation

Anderson, Heather (2018) "Slow Down," *The Prairie Light Review*: Vol. 40 : No. 2 , Article 7.
Available at: <https://dc.cod.edu/plr/vol40/iss2/7>

This Selection is brought to you for free and open access by the College Publications at DigitalCommons@COD. It has been accepted for inclusion in The Prairie Light Review by an authorized editor of DigitalCommons@COD. For more information, please contact orenick@cod.edu.

Slow Down

Our lives dart by in a flash
like a pebble
hopping across
a murky stream.
As we wander the trail,
our limited time
acts as the relentless mosquito buzz in our ear--
our most hated, swattable sound
We eye the barren field ahead of us with clenched teeth
yet we keep running
Right past the blooming lilacs
and the powerful oak
As rain beats down on our heads,
we run right past the outstretched, umbrella arms of the willow trees
No time to rest.
We run until sweat pours down our backs,
until the trail is near its end,
and then we wish we could run it all again,
to take in the scent of the fresh, dewey purple lilacs,
to climb the oak tree,
and sit under the willow
as we see the short trail ahead of us,
we take a breath and for the first time,
we slow down

-Heather Anderson