

Fall 12-1-2018

## Butterfly of Time

Bonniejean Alford  
*College of DuPage*

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### Recommended Citation

Alford, Bonniejean (2018) "Butterfly of Time," *The Prairie Light Review*: Vol. 41 : No. 1 , Article 13.  
Available at: <https://dc.cod.edu/plr/vol41/iss1/13>

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Alford, Butterfly of Time  
*Butterfly of Time*

The weight of life releases  
as the end of the journey arrives  
Emotion encapsulates the heart  
connecting all of time in one moment  
then and now converged  
The emotion of it all overwhelms  
let the tears fall as they must

Existence slows  
deep breath in, deep breath out  
And yet again  
life remains transformed  
Tomorrows shaped by all the yesterdays  
nestled within the confines of earthly constraint  
the soul ever waiting

Now, ready to emerge into new life  
the entire being flutters  
heavenly gardens welcome eternity

**BONNIEJEAN ALFORD**

