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Butterfly Moon

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Butterfly of Time

The weight of life releases
as the end of the journey arrives
Emotion encapsulates the heart
connecting all of time in one moment
then and now converged
The emotion of it all overwhelms
let the tears fall as they must

Existence slows
deep breath in, deep breath out
And yet again
life remains transformed
Tomorrows shaped by all the yesterdays
nestled within the confines of earthly constraint
the soul ever waiting

Now, ready to emerge into new life
the entire being flutters
heavenly gardens welcome eternity

BONNIEJEAN ALFORD

