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Spring And Sunshine

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**I Am Spring**

I was born on the first day of Spring
I am Spring
Come celebrate with me
The experience of rebirth

Ride bareback with me on my chestnut mare
We will gallop
Down sun-dappled trails
In the green woods

Sending up swirls of dust
We will dance
On the hard-packed earth
To bluegrass music

Down at the swimming hole
Find your childhood
Lay naked with me in the sun
and leave experience on the shore

Hold me in your arms
Make love to me by starlight
In the warm sands
On the beach

Open your heart with laughter and
Wash away old sorrows
Play in Spring rains
Be born again

**Ginnie Seamann**

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**After Dark Has Fallen**

Crawl thru the woods
this pitch evening
on the island strait;

To summon the courage
from some outfrozen acid batteries
To stand like an evolved beast
uncowed
by the thunder flash
of kingdoms of nature,
kings of men.
To rise like a birthright
in shadowed depression hood
To shout and jump
and stamp
and cry
like a being
filled with the riotous joy
of creation
and create
LIFE
on the seventh day
after dark
has fallen

**Lee Kesselman**