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Ascension

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CW: suicidal thoughts

Emotions

Melisande E. Bocker

I was on the bridge again. I always came here when sleep did not come for me. It's a quiet bridge, not too far from my home, surrounded by woods, a single shining lamppost illuminated my bridge, and the boy holding the railing, mustering the courage to let go.

"What's it like?" I asked. He knew I was there, heard my bare feet on the asphalt, saw me pause upon leaving the trees. The night was quiet enough, the river far enough, that I was the sole sound in an otherwise silent world.

"Hopeless." The boy replied. I walked beside him and leaned on the cold metal railing.

"What does hopelessness feel like?"

"Like nothing you do matters, that nothing will ever improve, that you are completely stuck."