

The Prairie Light Review

Volume 44
Number 2 *Spring 2022*

Article 39

Spring 5-1-2022

Turning Towards Myself

Briar Jameel
College of DuPage

Follow this and additional works at: <https://dc.cod.edu/plr>

Recommended Citation

Jameel, Briar (2022) "Turning Towards Myself," *The Prairie Light Review*. Vol. 44: No. 2, Article 39.
Available at: <https://dc.cod.edu/plr/vol44/iss2/39>

This Selection is brought to you for free and open access by the College Publications at DigitalCommons@COD. It has been accepted for inclusion in The Prairie Light Review by an authorized editor of DigitalCommons@COD. For more information, please contact orenick@cod.edu.

Turning Towards Myself

Briar Jameel

I was never taught to love myself
Or the messy parts of my existence.
And so, I scrutinize my flaws under a microscope,
picking myself apart while writhing in resistance.
Until there isn't much left of
who I really am.
For I am no perfect being.
I am no exception.
I refuse to adhere to a notion of Me
I am only human. Figuring it out along the way.
I am myself, you see.
Not an image or production.
I wrap my tired arms around my cautious being,
holding this body with a loving firmness.
This vessel that has never failed
to stay for my higher purpose.



*Destiny Ring,
Carine Risch*