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Destiny Ring

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Turning Towards Myself Briar Jameel

I was never taught to love myself
Or the messy parts of my existence.
And so, I scrutinize my flaws under a microscope,
picking myself apart while writhing in resistance.
Until there isn't much left of
who I really am.
For I am no perfect being.
I am no exception.
I refuse to adhere to a notion of Me
I am only human. Figuring it out along the way.
I am myself, you see.
Not an image or production.
I wrap my tired arms around my cautious being,
holding this body with a loving firmness.
This vessel that has never failed
to stay for my higher purpose.



Destiny Ring,
Carine Risch