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## Run

Carlene English  
*College of DuPage*

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*Holy Ghost, Morgan Marrazzo*

## **Run** **Carlene English**

My head slips between the cracks and corners of fragmented cement.  
Woven in the ground, my body is secure. Pulling and never letting go.  
It isn't clear where my feet are pounding, just steady thumps synchronous with  
the heart that feeds it. Wind gently sweeps my skin, flourishing as the earth spins  
rapidly.

Thick as blood, my sharp exterior slices its compact arrangement, splitting the  
world in two yet binding the realm beneath me.

Like a knife that melts through the soft flesh of fruit and halts at the tough armor  
of its pit.

Salty sweat trickles down at the wind's abrasion, yielding the fruits of labor.